

OverallPos	Bib	Name	Cat	Cat Pos	Club	Swim	Swim Pos	T1	Bike	Bike Pos	T2	Run	Run Pos	Overall
1	396	Phil Melling	M3539	1	Team MK	00:13:59	10	00:01:06	00:39:01	2	00:00:35	00:16:38	1	01:11:22
2	354	Tim Downing	M2529	1	Cambridge tri club	00:12:28	3	00:00:53	00:40:03	3	00:00:43	00:17:16	2	01:11:25
3	385	Daniel Craigen	M3539	2	Chester Tri	00:10:40	1	00:00:56	00:42:31	8	00:00:41	00:21:28	20	01:16:19
4	435	Steve Hyett	M5054	1	Hillingdon Triathletes	00:13:14	6	00:00:51	00:42:23	6	00:00:46	00:20:19	10	01:17:36
5	425	jim stewart	M4044	1	Team Cherwell	00:15:48	23	00:00:54	00:42:08	5	00:00:41	00:19:10	3	01:18:44
6	360	Matthew Wells	M2529	2	BADTri	00:16:05	27	00:00:51	00:41:51	4	00:00:39	00:19:42	6	01:19:10
7	357	Alex Mead	M2529	3		00:13:47	7	00:00:56	00:42:31	7	00:00:38	00:21:27	19	01:19:21
8	366	Matt Glover	M3034	1	TFN/ Bramcote Swimming Club	00:12:45	5	00:01:12	00:45:01	13	00:00:43	00:19:59	7	01:19:42
9	403	Blake James Bedford	M4044	2		00:14:36	14	00:00:55	00:44:57	12	00:01:01	00:20:42	12	01:22:14
10	411	Robert King	M4044	3	Manchester Tri Club	00:16:29	34	00:01:18	00:43:54	9	00:00:43	00:20:03	8	01:22:29
11	418	james mclaughlin	M4044	4	Team Cherwell	00:14:10	11	00:01:02	00:45:30	15	00:00:46	00:22:12	27	01:23:44
12	430	John Bullock	M4549	1	Derby	00:17:32	49	00:00:56	00:44:04	11	00:00:42	00:20:46	13	01:24:02
13	351	Dan Siddons	M2024	1		00:15:16	18	00:01:24	00:47:58	33	00:00:46	00:19:23	4	01:24:50
14	390	Alex Hickson	M3539	3	Bedford Traktors	00:16:04	26	00:01:26	00:45:39	17	00:00:49	00:21:02	14	01:25:03
15	388	ben harwin	M3539	4		00:17:41	51	00:01:30	00:43:56	10	00:00:48	00:21:13	15	01:25:11
16	340	anj coia	F4044	1		00:14:50	16	00:01:06	00:46:25	19	00:00:41	00:23:15	37	01:26:20
17	431	Andy Green	M4549	2	Team East Haddon	00:16:23	33	00:01:33	00:46:38	22	00:00:46	00:21:17	17	01:26:41
18	417	Paul McKeane	M4044	5		00:16:45	40	00:01:46	00:46:25	20	00:01:24	00:20:25	11	01:26:48
19	399	Matt Ryder	M3539	5	Team Cherwell	00:16:15	30	00:01:18	00:47:28	28	00:00:50	00:21:49	24	01:27:43
20	442	Born to have fun Team	M	1	Portsmouth Triathletes	00:11:59	2	00:00:45	00:50:44	45	00:00:39	00:23:37	40	01:27:46
21	397	simon nash	M3539	6		00:16:16	31	00:01:30	00:45:34	16	00:01:02	00:23:45	43	01:28:10
22	383	Dean Boyall	M3539	7	Kettering Triathlon Club	00:18:06	56	00:01:25	00:45:23	14	00:00:50	00:22:39	30	01:28:26
23	393	Shaun Lock	M3539	8		00:19:50	78	00:02:00	00:45:42	18	00:00:47	00:20:04	9	01:28:26
24	391	Ewan Kearney	M3539	9		00:17:58	55	00:01:12	00:47:15	26	00:00:59	00:21:26	18	01:28:52
25	389	Matthew Hawtin	M3539	10		00:16:41	38	00:01:33	00:48:03	34	00:01:08	00:21:35	23	01:29:03
26	378	Stuart Read	M3034	2		00:12:43	4	00:01:29	00:50:56	46	00:00:55	00:23:02	35	01:29:07
27	401	Barry Walker	M3539	11		00:15:11	17	00:01:59	00:47:50	30	00:01:06	00:23:16	38	01:29:25
28	413	Phil Latin	M4044	6		00:16:56	42	00:01:55	00:47:39	29	00:00:55	00:22:04	26	01:29:30
29	315	Sarah Bennett	F1519	1		00:13:52	8	00:01:08	00:51:54	55	00:00:43	00:22:49	33	01:30:30
30	419	Lee Mitchell	M4044	7		00:19:03	64	00:01:33	00:47:01	23	00:01:11	00:21:50	25	01:30:40
31	336	Rosalind Goatly	F3539	1	Pactrac	00:15:30	21	00:01:05	00:50:43	44	00:00:48	00:23:42	42	01:31:51

32	410	Adrian Homer	M4044	8		00:14:13	12	00:01:43	00:52:21	59	00:00:59	00:22:34	29	01:31:53
33	362	Chris Beech	M3034	3		00:13:54	9	00:02:07	00:46:27	21	00:00:56	00:28:30	85	01:31:57
34	392	Martin Lambert	M3539	12		00:18:36	60	00:02:17	00:48:48	35	00:01:02	00:21:28	21	01:32:13
35	372	Robert Millar	M3034	4		00:20:46	86	00:01:12	00:47:14	25	00:00:50	00:23:00	34	01:33:04
36	386	TIM DICKS	M3539	13		00:14:14	13	00:02:21	00:51:55	56	00:00:37	00:24:16	46	01:33:25
37	320	anna holmes	F2529	1	London Fields	00:15:31	22	00:01:32	00:51:11	49	00:00:55	00:24:21	47	01:33:33
38	325	Jo Darwood	F3034	1		00:17:19	47	00:02:15	00:51:01	48	00:00:34	00:22:47	31	01:33:59
39	355	Sam Letts	M2529	4		00:17:56	54	00:02:09	00:52:29	61	00:00:41	00:21:15	16	01:34:33
40	406	Andrew Cook	M4044	9		00:18:52	62	00:01:52	00:50:18	40	00:00:51	00:22:48	32	01:34:45
41	343	Wendy Nelson	F4044	2		00:16:08	28	00:01:33	00:51:25	51	00:00:53	00:25:00	52	01:35:02
42	363	Gavin Betteridge	M3034	5	Bedford Traktors	00:20:48	88	00:01:18	00:47:10	24	00:01:03	00:24:54	50	01:35:16
43	441	Jeremy Shapley	M5559	1	Kenilworth Wheelers/ Spa Striders	00:17:55	53	00:02:01	00:47:52	31	00:01:06	00:26:29	67	01:35:26
44	394	MAGNUS LORRAIN-SMITH	M3539	14	KNACKERED DADS TRI CLUB	00:17:00	44	00:01:26	00:51:33	53	00:01:18	00:24:09	44	01:35:29
45	356	Richard McCrae	M2529	5		00:18:39	61	00:01:28	00:49:01	36	00:01:13	00:25:09	54	01:35:34
46	333	Deirdre Cairns	F3539	2		00:16:04	25	00:01:54	00:52:10	57	00:00:40	00:24:56	51	01:35:47
47	353	David Young	M2529	6		00:15:51	24	00:01:25	00:53:01	64	00:00:33	00:25:09	53	01:36:01
48	415	Dai McCormick	M4044	10	Stamford Triathlon Club / RAF Triat	00:16:59	43	00:01:31	00:50:32	43	00:00:55	00:26:03	62	01:36:02
49	421	Dave Nichols	M4044	11		00:19:08	66	00:02:07	00:47:25	27	00:01:07	00:27:07	74	01:36:56
50	371	Ian James	M3034	6		00:18:15	57	00:01:30	00:50:58	47	00:00:45	00:25:31	56	01:37:00
51	438	John Tunnicliff	M5054	2		00:16:21	32	00:02:10	00:50:28	42	00:00:52	00:27:20	76	01:37:14
52	370	Chris Hughes	M3034	7		00:17:18	48	00:02:14	00:52:23	60	00:00:50	00:24:28	48	01:37:16
53	432	David Osborne	M4549	3	Team Cherwell	00:14:39	15	00:01:44	00:55:57	75	00:00:47	00:24:12	45	01:37:21
54	426	paul stimpson	M4044	12	TRITALK.CO.UK	00:19:02	63	00:01:57	00:49:49	38	00:01:04	00:25:41	58	01:37:37
55	347	Trish Mellor	F5054	1		00:19:37	74	00:01:32	00:50:15	39	00:01:04	00:25:24	55	01:37:55
56	436	Paul Jephcott	M5054	3		00:19:38	75	00:02:03	00:51:38	54	00:01:31	00:23:03	36	01:37:56
57	398	ian rhodes	M3539	15		00:19:48	77	00:01:10	00:47:53	32	00:00:54	00:28:18	83	01:38:06
58	379	nick russ	M3034	8		00:16:09	29	00:01:11	00:55:57	74	00:01:18	00:23:33	39	01:38:11
59	387	william dunphy	M3539	16		00:19:20	70	00:01:54	00:49:34	37	00:01:17	00:26:10	64	01:38:19
60	373	Karl Owen	M3034	9	NTRI	00:18:34	59	00:01:14	00:52:51	63	00:00:47	00:24:52	49	01:38:21
61	319	sarah holmes	F2529	2		00:15:19	19	00:01:31	00:53:26	68	00:01:10	00:27:15	75	01:38:44
62	368	Mathew Good	M3034	10		00:22:39	92	00:02:48	00:51:27	52	00:01:10	00:21:32	22	01:39:39
63	349	Joe Richardson	M4044	13	Tri London	00:16:43	39	00:01:08	00:52:30	62	00:01:48	00:27:31	79	01:39:43
64	342	Louise Lane	F4044	3	Team Milton Keynes	00:19:22	71	00:01:48	00:52:20	58	00:00:50	00:26:02	61	01:40:25

65	412	kevin knapp	M4044	14		00:19:11	67	00:02:29	00:50:18	41	00:01:31	00:27:22	77	01:40:54
66	416	Mark McGiddy	M4044	15		00:19:12	69	00:01:40	00:53:19	65	00:01:16	00:25:38	57	01:41:08
67	338	JANE NEEDHAM	F3539	3	Rugby Triathlon	00:19:06	65	00:02:04	00:56:06	77	00:01:30	00:22:29	28	01:41:17
68	422	Paul Ridley	M4044	16	Riverside Runners	00:24:57	100	00:02:17	00:53:20	66	00:01:13	00:19:26	5	01:41:17
69	400	Daniel Stevens	M3539	17		00:16:33	35	00:01:56	00:55:17	72	00:00:57	00:27:06	73	01:41:51
70	323	Jessica Blencowe	F3034	2		00:15:27	20	00:02:12	00:55:07	71	00:00:53	00:28:52	86	01:42:34
71	443	Jill Harvey	F4044	4	ANDOVER TRIATHLON CLUB	00:17:45	52	00:01:12	00:57:08	82	00:00:51	00:26:16	65	01:43:16
72	429	John Betts	M4549	4		00:20:31	84	00:03:20	00:51:18	50	00:01:43	00:26:50	69	01:43:44
73	414	Craig Maddock	M4044	17	Oxford Tri	00:17:07	46	00:02:54	00:57:53	87	00:01:34	00:25:44	59	01:45:14
74	439	Graham Hind	M5559	2		00:20:02	81	00:02:00	00:55:01	70	00:00:43	00:28:07	82	01:45:56
75	335	Angela Dailly	F3539	4	Team Cherwell	00:19:43	76	00:01:25	00:56:36	79	00:01:07	00:27:05	72	01:45:59
76	420	Dietmar Morley	M4044	18		00:17:34	50	00:02:22	00:53:40	69	00:01:13	00:31:20	96	01:46:12
77	382	Mike Berrisford	M3539	18		00:20:45	87	00:02:28	00:53:23	67	00:01:39	00:28:28	84	01:46:46
78	317	Jodie White	F2024	1		00:16:34	37	00:02:22	00:57:45	86	00:01:16	00:29:03	87	01:47:02
79	405	James Butland	M4044	19		00:16:33	36	00:03:04	00:57:02	81	00:01:17	00:29:04	88	01:47:03
80	331	Joanna Wass	F3034	3	BADTri	00:20:12	82	00:02:35	00:56:57	80	00:01:13	00:27:00	71	01:47:59
81	358	Chris O'Connell	M2529	7		00:24:48	99	00:02:56	00:55:42	73	00:01:03	00:23:38	41	01:48:09
82	433	laurence penn	M4549	5		00:19:11	68	00:03:57	00:58:21	89	00:00:54	00:26:56	70	01:49:22
83	344	Janet Wyles	F4044	5	Manchester Triathlon Club	00:18:20	58	00:01:39	01:01:15	93	00:01:11	00:28:06	81	01:50:34
84	329	Claire Staley	F3034	4		00:20:24	83	00:02:14	00:57:26	84	00:01:28	00:29:13	89	01:50:48
85	346	Alison Booth	F5054	2	St Ives CC	00:19:26	72	00:02:55	00:56:02	76	00:01:35	00:30:46	93	01:50:48
86	423	mark Runham	M4044	20		00:22:00	90	00:02:28	00:57:29	85	00:00:48	00:30:09	91	01:52:57
87	359	Charlie Tighe	M2529	8	Raphaels Bank	00:23:23	95	00:02:56	00:58:03	88	00:01:12	00:27:39	80	01:53:16
88	321	nicola marshall	F2529	3	Serpentine	00:22:37	91	00:02:04	01:00:46	91	00:00:59	00:27:23	78	01:53:52
89	330	Nicole Tonkin	F3034	5		00:17:05	45	00:02:15	01:07:21	101	00:00:46	00:26:29	66	01:53:58
90	367	Matt Goldsack	M3034	11		00:23:00	94	00:02:37	00:56:25	78	00:01:03	00:31:10	94	01:54:17
91	326	Louise Markham	F3034	6		00:23:55	97	00:01:16	01:01:50	95	00:01:34	00:26:10	63	01:54:49
92	364	Paul Bradley	M3034	12		00:24:35	98	00:01:50	01:05:15	99	00:00:58	00:26:00	60	01:58:40
93	348	Brenda Bozwood Davies	F6064	1	Team Tri Sport	00:23:54	96	00:01:27	01:03:30	97	00:01:25	00:29:55	90	02:00:14
94	327	Georgina Payne	F3034	7		00:19:56	79	00:01:50	01:01:02	92	00:01:10	00:36:15	98	02:00:16
95	404	Steve Brown	M4044	21	Raphaels Bank	00:23:00	93	00:04:56	14:22:03	1	00:00:00	11:10:43	102	02:00:43
96	409	Steven Holmes	M4044	22		00:20:00	80	00:01:00					101	02:00:50
97	380	Brian Wilson	M3034	13	Raphaels Bank	00:25:13	102	00:02:51	01:01:29	94	00:00:48	00:31:13	95	02:01:36

98	332	lorraine brice	F3539	5		00:25:12	101	00:02:52	00:59:42	90	00:02:02	00:33:48	97	02:03:37
99	314	Bethany Powell	F3034	8		00:27:31	103	00:02:21	01:06:15	100	00:01:18	00:26:48	68	02:04:16
100	322	Jacqueline Stroud	F2529	4	Icknield Road Club	00:20:34	85	00:03:06	01:03:11	96	00:01:23	00:38:31	99	02:06:47
101	337	emma kelty	F3539	6		00:28:20	104	00:03:05	01:03:38	98	00:01:22	00:30:27	92	02:06:56
102	450	Paul Thoms	M5054	4	BRIGHTON PHOENIX TRI	00:20:49	89	00:04:17	00:57:08	83	00:03:19	00:44:07	100	02:09:42
0	376	chris penn	M3034			00:13:20		00:00:44	00:40:20		00:00:47			
0	375	danny pebody	M3034		Team Cherwell	00:15:37		00:01:03	00:40:45		00:00:50	00:18:05		
0	324	Hannah Cooke	F3034		Cambridge Triathlon Club	00:13:56		00:01:09						
0	384	Ivan Bumstead	M3539			00:18:42								
0	395	James McCormack	M3539			00:19:31	73	00:02:16						
0	374	Michael Pearse	M3034		Leighton Buzzard Athletic Club	00:16:50	41	00:01:43						
0	350	Tom McKay	M2024		Raphaels Bank	00:23:27		00:02:11						