

**2010 British Elite Duathlon Results;
Senior (male)**

Position	Bib	Name	Club	Run 1	Run 1 Pos	T1	Bike	Bike Pos	T2	Run 2	Run 2 Pos	Overall
1	142	TIM DON		00:15:29	3	00:00:18	00:32:26	3	00:00:14	00:08:03	2	00:56:34
2	140	WILL CLARKE	Cambridge Triathlon Club	00:15:29	2	00:00:22	00:32:22	2	00:00:20	00:08:01	1	00:56:36
3	124	MARK BUCKINGHAM	Holmfirth Harriers AC	00:15:28	1	00:00:29	00:32:35	4	00:00:23	00:08:06	3	00:57:03
4	130	RICHARD STANNARD									33	00:57:18
5	111	PHIL WYLIE		00:15:42	5	00:00:23	00:32:43	8	00:00:22	00:08:09	4	00:57:23
6	120	MARK THRELFALL	Total Fitness Bath/Loughborough Uni Tri	00:16:08	8	00:00:24	00:32:03	1	00:00:30	00:08:34	9	00:57:40
7	121	MATT GUNBY	Multi-Performance Sports	00:15:33	4	00:00:21	00:32:43	7	00:00:33	00:08:47	14	00:57:59
8	135	MATTHEW SHARP	Total Fitness Bath	00:16:07	6	00:00:22	00:33:04	11	00:00:23	00:08:14	5	00:58:12
9	132	DANIEL MCCARTHY	TrisportUK	00:16:28	12	00:00:27	00:32:36	5	00:00:23	00:08:22	6	00:58:19
10	137	RICHARD TEARE	Equus	00:16:32	15	00:00:24	00:32:38	6	00:00:25	00:08:45	13	00:58:46
11	134	JAMES ATTARD	Les Tritons Meldois	00:16:20	10	00:00:19	00:33:18	12	00:00:23	00:08:42	12	00:59:04
12	100	DAVID ROPER	The big adventure store	00:16:07	7	00:00:25	00:33:27	13	00:00:21	00:08:47	15	00:59:11
13	101	DANIEL SIMS	Available	00:16:32	16	00:00:26	00:32:59	9	00:00:21	00:09:16	20	00:59:37
14	102	TARIK DJEDDOUR	Optima Racing Team	00:16:42	22	00:00:23	00:33:47	18	00:00:20	00:08:25	7	00:59:39
15	116	OLIVER ZIFF	Wakefield Tri Club	00:16:41	21	00:00:25	00:33:40	16	00:00:25	00:08:28	8	00:59:42
16	109	RICHARD TODD	Team Dillon	00:16:37	19	00:00:25	00:33:01	10	00:00:26	00:09:19	22	00:59:51
17	113	MIKE CORNES	Mammoth Lifestyle Racing Team	00:16:23	11	00:00:22	00:34:09	21	00:00:19	00:08:41	11	00:59:56
18	119	LUKE WATSON	Loughborough Triathlon	00:16:31	13	00:00:21	00:33:58	20	00:00:24	00:08:50	16	01:00:06
19	126	HUGH MACKENZIE	Imperial College Boat Club	00:16:37	18	00:00:37	00:33:36	15	00:00:39	00:08:57	18	01:00:30
20	112	JOSH MIERS	University Of Birmingham Triathlon Team	00:16:45	23	00:00:23	00:33:45	17	00:00:29	00:09:12	19	01:00:36
21	122	JAMES GIBSON	Loughborough Triathlon	00:16:54	26	00:00:27	00:33:32	14	00:00:23	00:09:44	26	01:01:03
22	115	PHIL HOLLAND	Olney Multisport / Roy Pink Cycles	00:16:08	9	00:00:22	00:35:33	28	00:00:20	00:08:39	10	01:01:04
23	128	CLAYTON PAYNE	Tortoise & Hare	00:16:31	14	00:00:23	00:33:55	19	00:00:28	00:09:58	28	01:01:18
24	131	NICK BEER	Total Fitness Bath	00:17:13	27	00:00:30	00:34:55	23	00:00:25	00:08:53	17	01:01:58
25	106	KIERAN ROWLANDS	Kudu Bikes Triathlon Club	00:16:38	20	00:00:24	00:34:59	24	00:00:30	00:09:33	24	01:02:07
26	139	JOSHUA CARDWELL	Lopughborough Uni RT	00:16:54	25	00:00:25	00:35:21	27	00:00:29	00:09:18	21	01:02:29
27	118	BRADLEY HALES	Loughborough Uni Tri Squad	00:17:51	29	00:00:22	00:34:18	22	00:00:24	00:09:44	25	01:02:41
28	141	ALEX YOUNG	Tricentral	00:16:36	17	00:00:20	00:35:38	29	00:00:25	00:10:00	29	01:03:02
29	127	STEWART GUYNAN	Phoenix Tri / PBscience	00:17:19	28	00:37:29					34	01:03:39
30	108	RICHARD SUMPTER	Labicicleta.co.uk	00:17:55	30	00:00:23	00:35:18	26	00:00:23	00:09:54	27	01:03:55
31	143	Phil MELLING	Wooton tri	00:16:52	24	00:00:23	00:36:56	30	00:00:30	00:09:21	23	01:04:04

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32	133	MARK WALSH	Kudu Bikes Triathlon Club	00:18:58	33	00:00:28	00:35:09	25	00:00:29	00:10:01	30	01:05:07
33	105	JACK LOVEDAY	Team Dillon	00:18:36	31	00:00:30	00:38:03	31	00:00:29	00:10:16	32	01:07:55
34	129	IAN LAHART	BRAT	00:18:53	32	00:00:46	00:41:03	32	00:00:37	00:10:09	31	01:11:32