

R1 05k Results

| R1 5k Position | Race Number | Forename | Surname | Sex | Category | Club | R1 Event | R1 Finish Time | R1 Points | Comments |
|----------------|-------------|----------------|---------------|--------|----------|---|----------|----------------|-----------|-------------------------|
| 1 | 1339 | Andrew | McKenna | Male | | Wellingborough & District AC | 05k | 00:16:49 | 480 | |
| 2 | 1281 | Paul | Jennings | Male | V | Northants Tri Club | 05k | 00:17:01 | 479 | |
| 3 | 1300 | Ed | Sok | Male | | | 05k | 00:17:50 | 478 | |
| 4 | 1264 | Paul | French | Male | | Bedford and County AC | 05k | 00:17:55 | 477 | |
| 5 | 1286 | William | Wood | Male | | | 05k | 00:18:04 | 476 | |
| 6 | 1322 | Georgina | Schwiening | Female | | Cambridge Tri Club | 05k | 00:18:12 | 475 | |
| 7 | 1321 | Scott | Speller | Male | | Harborough AC | 05k | 00:18:17 | 474 | |
| 8 | 1304 | Neil | Shorten | Male | | Riverside Runners | 05k | 00:18:44 | 473 | |
| 9 | 1327 | Darren | Baker | Male | | | 05k | 00:19:19 | 472 | |
| 10 | 1353 | Daniel | Timms | Male | | | 05k | 00:19:19 | 471 | |
| 11 | 1258 | Graeme | Bickle | Male | | | 05k | 00:20:03 | 470 | |
| 12 | 1311 | Craig | Austin | Male | V | Olney Runners | 05k | 00:20:14 | 469 | |
| 13 | 1354 | John | Risby | Male | SV | Olney Runners | 05k | 00:20:36 | 468 | |
| 14 | 1256 | Neill | Chippington | Male | | | 05k | 00:20:42 | 467 | |
| 15 | 1317 | Serena | van der Heyde | Female | V | Olney Runners | 05k | 00:20:59 | 466 | |
| 16 | 1326 | David | Denton | Male | V | | 05k | 00:21:00 | 465 | |
| 17 | 1290 | Rachel | Bailey | Female | | Olney Runners | 05k | 00:21:23 | 464 | |
| 18 | 1329 | Danny | Morris | Male | V | | 05k | 00:21:26 | 463 | |
| 19 | 1230 | Mark | Brammer | Male | | | 05k | 00:21:31 | 462 | |
| 20 | 2568 | David | Jones | Male | | | 05k | 00:22:24 | 461 | R1 Ran shorter distance |
| 21 | 1301 | Josh | Monger | Male | | | 05k | 00:22:27 | 460 | |
| 22 | 1263 | Bethan | Courtman | Female | V | Olney Runners | 05k | 00:22:40 | 459 | |
| 23 | 1242 | Drew | Williams | Male | | | 05k | 00:22:50 | 458 | |
| 24 | 1330 | Stephen | Gollings | Male | | Wellingborough & District AC | 05k | 00:23:02 | 457 | |
| 25 | 1336 | Emma | Ellis | Female | | | 05k | 00:23:09 | 456 | |
| 26 | 1310 | Mark | Beynon | Male | V | | 05k | 00:23:15 | 455 | |
| 27 | 1295 | Nathan | Sexon | Male | V | | 05k | 00:23:23 | 454 | |
| 28 | 1283 | Timea | Latinovics | Female | V | Corby AC | 05k | 00:23:24 | 453 | |
| 29 | 1291 | Kayleigh | Docherty | Female | | Olney Runners | 05k | 00:23:40 | 452 | |
| 30 | 1236 | Jeffrey | Penman | Male | | | 05k | 00:23:42 | 451 | |
| 31 | 1323 | Deb | Galletta | Female | V | Kettering Town Harriers | 05k | 00:23:43 | 450 | |
| 32 | 1305 | | Czarnecki | Male | V | | 05k | 00:23:53 | 449 | |
| 33 | 1285 | Sarah | Vigrow | Female | V | | 05k | 00:24:18 | 448 | |
| 34 | 1272 | Matthew | O'Dell | Male | | | 05k | 00:24:27 | 447 | |
| 35 | 1271 | Andrew | O'Dell | Male | V | | 05k | 00:24:28 | 446 | |
| 36 | 1239 | Barry | Robertson | Male | SV | | 05k | 00:24:42 | 445 | |
| 37 | 1347 | Tomo | Matsushita | Male | | | 05k | 00:24:49 | 444 | |
| 38 | 1267 | Mary | Hardwick | Female | SV | Rutland Running Club | 05k | 00:24:58 | 443 | |
| 39 | 1232 | Kelly | Gurnsey | Female | ? | | 05k | 00:24:59 | 442 | |
| 40 | 1316 | Toni | Heap | Female | V | Olney Runners | 05k | 00:25:14 | 441 | |
| 41 | 1352 | Laura | Powell | Female | | Olney Runners | 05k | 00:25:35 | 440 | |
| 42 | 1284 | Eugene | Lee | Male | SV | | 05k | 00:25:40 | 439 | |
| 43 | 1261 | Kerry Michelle | Clarke | Female | | | 05k | 00:25:46 | 438 | |
| 44 | 1340 | Ian | Glywn | Male | V | | 05k | 00:25:56 | 437 | |
| 45 | 1345 | Matt | Napier | Male | | | 05k | 00:25:58 | 436 | |
| 46 | 2513 | Andrew | Mumford | Male | | | 05k | 00:25:59 | 435 | R1 Ran shorter distance |
| 47 | 1252 | Nick | Crank | Male | | | 05k | 00:26:06 | 434 | |
| 48 | 1351 | Michael | Edge | Male | V | Olney Runners | 05k | 00:26:34 | 433 | |
| 49 | 1315 | Nigel | Tite | Male | SV | Olney Runners | 05k | 00:26:35 | 432 | |
| 50 | 1341 | Lee | Garner | Male | V | | 05k | 00:26:50 | 431 | |
| 51 | 1255 | John | Althorpe | Male | V | | 05k | 00:26:52 | 430 | |
| 52 | 1331 | David | Cragie | Male | SV | Wootton Road Runners | 05k | 00:26:55 | 429 | |
| 53 | 1346 | Sarah | Allen | Female | V | Olney Runners | 05k | 00:26:56 | 428 | |
| 54 | 1279 | Shaun | Wilson | Male | V | olney runners | 05k | 00:26:59 | 427 | |
| 55 | 1298 | Stuart | Ridout | Male | | | 05k | 00:27:02 | 426 | |
| 56 | 1338 | Jenna | Hall | Female | | | 05k | 00:27:23 | 425 | |
| 57 | 1319 | Michael | Glynn | Male | | | 05k | 00:27:24 | 424 | |
| 58 | 1234 | Staci | Leach | Female | | Northamptonshire Fire & Rescue Service Running Se | 05k | 00:27:31 | 423 | |
| 59 | 1343 | Jason | Stangoe | Male | | | 05k | 00:27:33 | 422 | |
| 60 | 1303 | Gaynor | Kelly | Female | | Balance | 05k | 00:27:34 | 421 | |
| 61 | 1355 | John | Aitchison | Male | V | | 05k | 00:27:51 | 420 | |
| 62 | 1318 | Kevin | Wicks | Male | V | Olney Runners | 05k | 00:27:55 | 419 | |
| 63 | 1280 | Debb | Holmes | Female | | | 05k | 00:28:04 | 418 | |
| 64 | 1268 | Karin | Johnstone | Female | V | | 05k | 00:28:32 | 417 | |
| 65 | 1320 | Stephanie | Ankrah | Female | | | 05k | 00:28:47 | 416 | |
| 66 | 1231 | Katarina | Darcy | Female | | Bedford Harriers AC | 05k | 00:29:03 | 415 | |
| 67 | 1335 | Jon | Dwyer | Male | SV | Buckingham and Stowe | 05k | 00:29:05 | 414 | |
| 68 | 1259 | Kelly | Bickle | Female | | | 05k | 00:29:06 | 413 | |
| 69 | 1314 | Kirsten | Davies | Female | | | 05k | 00:29:26 | 412 | |
| 70 | 1308 | Ashley | Riley | Male | | GI Fitness | 05k | 00:29:37 | 411 | |
| 71 | 1357 | Sue | Wyatt | Female | | | 05k | 00:29:42 | 410 | |
| 72 | 1302 | Tom | Kruger-Dean | Male | | | 05k | 00:30:06 | 409 | |
| 73 | 1306 | Alice | Hudson | Female | | | 05k | 00:30:11 | 408 | |
| 74 | 1274 | Robyn | Patton | Female | | Wellingborough & District AC | 05k | 00:30:19 | 407 | |
| 75 | 1312 | Katherine | Birch | Female | V | Team Cherwell | 05k | 00:30:42 | 406 | |
| 76 | 1257 | Jane | Fenwick | Female | SV | | 05k | 00:30:48 | 405 | |
| 77 | 1348 | Jon | Wright | Male | SV | Rugby & Northampton AC | 05k | 00:31:16 | 404 | |
| 78 | 1233 | Tina | Hazle | Female | | | 05k | 00:31:23 | 403 | |
| 79 | 1337 | Kristin | Mitton | Female | | | 05k | 00:31:59 | 402 | |
| 80 | 1313 | Carla | van Traa | Female | V | | 05k | 00:32:01 | 401 | |
| 81 | 1344 | Karen | Stangoe | Female | | | 05k | 00:32:02 | 400 | |
| 82 | 1342 | Lisa | Bennett | Female | | | 05k | 00:32:03 | 399 | |
| 83 | 1260 | Sara | Brierley | Female | V | | 05k | 00:32:04 | 398 | |
| 84 | 1325 | Bill | Matthews | Male | SV | Cambridge Tri Club | 05k | 00:32:06 | 397 | |
| 85 | 1328 | Valerie | Cross | Female | SV | Rugby & Northampton AC | 05k | 00:32:20 | 396 | |
| 86 | 1324 | Julie | O'Reilly | Female | SV | | 05k | 00:32:45 | 395 | |
| 87 | 1235 | Esther | Maughan | Female | V | | 05k | 00:33:03 | 394 | |
| 88 | 1307 | Margaret | Rattley | Female | V | GI Fitness | 05k | 00:34:16 | 393 | |
| 89 | 1350 | Graham | Stoppiani | Male | SV | | 05k | 00:34:39 | 392 | |
| 90 | 2668 | Sam | Jacks | Male | V | | 05k | 00:34:49 | 391 | R1 Ran shorter distance |
| 91 | 1334 | Felicity | Wyatt | Female | V | Ashbourne Derbyshire | 05k | 00:36:01 | 390 | |
| 92 | 1333 | Giles | Conway | Male | V | | 05k | 00:36:04 | 389 | |
| 93 | 1292 | Chadlea | Jenkins | Male | | Bedford Harriers AC | 05k | 00:36:04 | 388 | |
| 94 | 1265 | Lucy | Gotch | Female | | GI Fitness | 05k | 00:36:09 | 387 | |
| 95 | 1356 | | Toms | Male | SV | | 05k | 00:37:20 | 386 | |
| 96 | 1243 | John | Barnes | Male | SV | | 05k | 00:39:11 | 385 | |
| 97 | 1332 | Jane | Callaghan | Female | SV | | 05k | 00:40:07 | 384 | |
| 98 | 1349 | Jan | Stoppiani | Female | SV | | 05k | 00:40:52 | 383 | |
| 99 | 1309 | Louise | Burton | Female | | | 05k | 01:01:05 | 382 | |