

**2010 Northampton Triathlon;
Results**

OverallPos	Bib	Name	Cat	Cat Pos	Club	Swim	Swim Pos	T1	Bike	Bike Pos	T2	Run	Run Pos	Overall
1	45	Rich Hunt	M3539	1	Army Triathlon Association/Kudu Tri	00:22:27	6	00:00:33	00:56:03	3	00:00:32	00:33:50	1	01:53:28
2	279	Stephen Harrison	M3539	2	Team Trisports	00:20:50	4	00:00:43	00:57:15	6	00:00:45	00:34:01	2	01:53:38
3	241	Dale Grassby	M3034	1	RAF Triathlon	00:19:22	1	00:00:44	00:57:49	8	00:00:32	00:37:34	16	01:56:04
4	58	Chris Stuart	M3539	3	Army Triathlon Association	00:20:38	3	00:00:32	00:58:02	11	00:00:33	00:37:03	13	01:56:51
5	26	Edward Charlton-Weedy	M2529	1	Army Triathlon Association	00:23:14	10	00:00:46	00:57:23	7	00:00:37	00:35:12	4	01:59:14
6	217	Ashley Hurdman	M2024	1	Ceepo TFN RT	00:19:27	2	00:00:40	01:02:55	34	00:00:29	00:35:59	6	01:59:33
7	51	Glyn Painter	M3539	4	Army Triathlon Association	00:24:19	21	00:00:38	00:56:41	4	00:00:38	00:38:29	23	02:00:46
8	42	Chris Biddulph	M3539	5	Army Triathlon Association	00:23:52	16	00:00:56	01:01:17	18	00:00:40	00:35:10	3	02:01:57
9	75	David Butters	M4549	1	Army Triathlon Association	00:23:13	11	00:00:34	00:57:50	9	00:00:44	00:40:57	47	02:03:20
10	44	Alex Fortune	M3539	6	Army Triathlon Association	00:28:16	84	00:00:39	00:57:58	10	00:00:38	00:36:27	8	02:04:01
11	80	Robert Herring	M5054	1	Army Triathlon Association	00:23:48	14	00:00:47	01:01:36	21	00:00:37	00:37:15	15	02:04:06
12	41	Neil Swift	M3034	2	Army Triathlon Association	00:24:17	20	00:00:49	01:01:57	27	00:00:36	00:36:45	11	02:04:26
13	66	Shaun Green	M4044	1	Army Triathlon Association	00:23:49	15	00:00:50	00:59:14	12	00:00:32	00:40:49	44	02:05:17
14	47	Andrew Martin	M3539	7	Army Triathlon Association	00:25:21	30	00:00:46	01:00:46	17	00:00:39	00:37:59	19	02:05:33
15	38	Carl Lane	M3034	3	Army Triathlon Association	00:26:45	45	00:00:52	00:59:32	13	00:00:35	00:38:15	20	02:06:02
16	297	James Whetman	M3539	8	Ful-on Tri	00:22:47	9	00:01:03	01:05:19	52	00:00:52	00:36:23	7	02:06:26
17	32	Paul Clark	M3034	4	Army Triathlon Association	00:27:05	52	00:00:49	01:00:20	15	00:00:33	00:37:42	17	02:06:31
18	179	Ian Mackerness	M4549	2	Team Trisports	00:23:42	13	00:00:35	01:01:35	20	00:00:39	00:40:22	40	02:06:56
19	15	Stephen Jack	M2529	2	Army Triathlon Association	00:26:56	50	00:01:15	01:01:30	19	00:00:44	00:37:07	14	02:07:35
20	48	john mead	M3539	9	Army Triathlon Association	00:24:09	19	00:00:51	01:02:20	30	00:00:36	00:39:53	38	02:07:54
21	153	Adam Laycock	M4044	2	Team Trisports	00:25:28	34	00:00:41	01:02:03	28	00:00:50	00:39:17	30	02:08:22
22	157	Gavin May	M4044	3	Team Trisports	00:28:33	89	00:00:52	01:00:10	14	00:00:36	00:38:15	21	02:08:28
23	20	Richard Keefe	M2024	2	Army Triathlon Association	00:25:16	27	00:00:41	01:05:32	55	00:00:47	00:36:43	10	02:09:02
24	132	Christopher Baxter	M4044	4	Team Trisports	00:26:34	44	00:00:55	01:01:52	24	00:00:42	00:39:03	28	02:09:09
25	59	Mark Taylor	M3539	10	Army Triathlon Association	00:27:42	73	00:00:52	01:01:47	23	00:00:33	00:38:39	26	02:09:36
26	239	Steffan Ford	M3034	5	Team Trisports	00:25:31	35	00:00:41	01:03:20	39	00:00:42	00:39:26	31	02:09:43
27	82	Graham Markham	M5054	2	Army Triathlon Association	00:24:37	23	00:00:38	01:02:41	32	00:00:47	00:41:28	52	02:10:14
28	281	Chris Holmes	M3539	11		00:27:17	54	00:01:14	01:01:45	22	00:00:47	00:39:13	29	02:10:19
29	77	Terry Harvey	M4549	3	Army Triathlon Association	00:28:00	81	00:00:37	01:02:21	31	00:00:32	00:39:01	27	02:10:35
30	165	Robert Wilson	M4044	5	Team Trisports	00:27:33	64	00:00:43	01:00:30	16	00:00:43	00:41:27	51	02:11:00
31	243	Chris Jordan	M3034	6	1485 Tri Club	00:29:43	113	00:01:00	01:04:49	47	00:00:44	00:35:34	5	02:11:54

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Results**

32	72	Ian Phillips	M4044	6	Army Triathlon Association	00:24:00	17	00:01:09	01:02:20	29	00:00:42	00:44:15	88	02:12:29
33	17	James Barnfield	M2024	3	Army Triathlon Association	00:29:52	120	00:00:44	01:04:42	46	00:00:33	00:36:47	12	02:12:40
34	268	David Briggs	M3539	12		00:25:39	36	00:01:24	01:05:02	49	00:01:01	00:39:40	35	02:12:48
35	43	stephen brooks	M3539	13	Army Triathlon Association	00:27:19	56	00:00:53	01:03:18	38	00:00:38	00:40:53	45	02:13:04
36	3	samantha wilson	F2024	1	Army Triathlon Association	00:22:28	5	00:00:43	01:05:20	53	00:00:34	00:44:00	83	02:13:07
37	242	Zoe Hanson	F3034	1		00:23:24	12	00:00:47	01:07:43	75	00:00:41	00:40:31	41	02:13:08
38	290	Francisco Santa Maria	M3539	14		00:28:28	87	00:02:05	01:04:56	48	00:01:17	00:36:31	9	02:13:19
39	78	Bob Pearce	M4549	4	Army Triathlon Association	00:24:01	18	00:01:15	01:05:20	54	00:00:44	00:42:33	66	02:13:57
40	16	Richard Pyne	M1519	1		00:27:43	74	00:00:59	01:03:13	37	00:00:50	00:41:35	54	02:14:23
41	213	Richard Shephard	M3034	7	Spa Striders	00:25:50	41	00:01:13	01:02:48	33	00:01:05	00:44:05	85	02:15:03
42	76	adrian clark	M4549	5	Army Triathlon Association	00:28:12	83	00:00:55	01:03:03	35	00:01:06	00:41:50	59	02:15:08
43	193	Antony Brown	M5054	3		00:27:23	59	00:01:32	01:01:54	25	00:00:58	00:43:34	80	02:15:24
44	129	David Allsop	M4044	7	Pactrac	00:26:48	47	00:00:53	01:05:16	51	00:00:38	00:41:51	61	02:15:29
45	271	tom curtis	M3539	15		00:25:49	40	00:01:06	01:07:58	79	00:01:01	00:39:32	34	02:15:29
46	46	A Lawes	M3539	16	Army Triathlon Association	00:27:51	78	00:00:40	01:06:34	67	00:00:39	00:39:46	36	02:15:33
47	30	Tom Bertenshaw	M3034	8	Army Triathlon Association	00:29:27	104	00:01:22	00:57:11	5	00:01:37	00:46:14	105	02:15:54
48	222	Richard Barnes	M2529	3		00:25:25	32	00:01:20	01:05:56	57	00:00:46	00:42:40	68	02:16:09
49	194	simon claridge	M5054	4	Hillingdon Triathletes	00:28:09	82	00:01:03	01:05:13	50	00:01:01	00:41:48	58	02:17:16
50	52	Jason Painter	M3539	17		00:29:40	112	00:01:18	01:05:58	59	00:00:52	00:39:28	32	02:17:18
51	278	charles harris	M3539	18	Team Trisports	00:24:49	25	00:01:07	01:07:25	72	00:00:55	00:43:03	74	02:17:21
52	104	Kelly Crickmore	F3034	2	Chester Tri	00:27:34	66	00:00:51	01:10:32	121	00:00:39	00:37:43	18	02:17:22
53	55	tony raynor	M3539	19	Army Triathlon Association	00:31:13	256	00:01:09	01:03:30	41	00:01:04	00:40:45	252	02:17:45
54	257	Toby Stanbrook	M3034	9		00:25:48	38	00:01:13	01:06:37	68	00:01:03	00:43:04	75	02:17:46
55	81	Mal Little	M5054	5	Army Triathlon Association	00:25:40	37	00:01:11	01:05:39	56	00:00:54	00:44:21	89	02:17:47
56	40	neil reid	M3034	10	Army Triathlon Association	00:29:03	92	00:00:59	01:04:30	43	00:00:44	00:42:59	72	02:18:17
57	259	paul webb	M3034	11	NTRI	00:29:53	122	00:00:58	01:04:31	44	00:00:47	00:42:41	69	02:18:51
58	53	Matthew Pellow	M3539	20	Army Triathlon Association	00:29:52	121	00:01:34	01:08:08	81	00:00:55	00:38:37	25	02:19:08
59	227	Andy Haigh	M2529	4	London Fields Triathlon Club	00:27:41	72	00:01:23	01:03:54	42	00:00:51	00:45:32	98	02:19:24
60	226	peter foulkes	M2529	5		00:29:22	99	00:00:53	01:08:00	80	00:00:34	00:40:54	46	02:19:46
61	54	Andrew Powell	M3539	21		00:30:41	146	00:01:38	01:06:25	64	00:00:50	00:40:10	39	02:19:47
62	91	Lizzie Hill	F1519	1	Derby tri	00:22:42	7	00:00:48	01:12:01	139	00:00:30	00:43:44	81	02:19:48
63	110	Gemma Sargent	F3034	3	Team Trisports	00:27:40	70	00:00:53	01:08:56	95	00:00:41	00:41:46	57	02:19:58
64	188	mark tudor	M4549	6		00:22:46	8	00:02:15	01:08:27	86	00:01:05	00:45:27	97	02:20:02

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Results**

65	254	Peter Ryan	M3034	12	Team Trisports	00:27:32	63	00:01:05	01:07:38	73	00:00:43	00:43:01	73	02:20:02
66	292	Lee Thorp	M3539	22	Team Trisports	00:27:58	80	00:00:49	01:09:51	107	00:00:46	00:40:42	43	02:20:08
67	70	desmond larkin	M4044	8	Army Triathlon Association	00:30:32	141	00:01:21	01:07:43	74	00:00:42	00:39:52	37	02:20:13
68	203	Richard Melvern	M6064	1	Team Trisports	00:29:26	103	00:01:07	01:06:03	60	00:00:55	00:43:10	77	02:20:44
69	49	Matthew Middleditch	M3539	23	Army Triathlon Association	00:31:31	161	00:01:15	01:06:50	69	00:00:36	00:40:36	42	02:20:51
70	295	Stuart Warren	M3539	24	Northampton Tri	00:28:17	85	00:01:09	01:03:08	36	00:00:45	00:48:13	135	02:21:34
71	22	E Montgomery	M2024	4	Army Triathlon Association	00:29:21	98	00:01:24	01:11:21	130	00:01:02	00:38:26	22	02:21:36
72	31	Michael Brennan	M3034	13		00:29:44	114	00:00:42	01:08:20	83	00:00:49	00:42:01	63	02:21:39
73	267	Chris Brennan	M3539	25	Kettering Triathlon Club	00:30:12	128	00:00:55	01:06:23	63	00:00:37	00:43:46	82	02:21:55
74	84	Ian Webster	M5054	6		00:29:08	95	00:01:14	01:06:33	66	00:01:01	00:44:21	90	02:22:20
75	86	Doug Herbert	M3539	26		00:30:57	153	00:01:25	01:06:11	61	00:00:56	00:42:49	71	02:22:21
76	14	Sarah Thomas	F3539	1	Army Triathlon Association	00:28:41	90	00:00:42	01:09:53	108	00:00:40	00:42:26	64	02:22:24
77	177	Melvyn Heywood	M4549	7	TFN	00:27:41	71	00:01:24	01:11:42	135	00:00:46	00:41:41	55	02:23:17
78	204	Julian Lane	M4044	9		00:28:23	86	00:01:14	01:03:24	40	00:01:20	00:49:17	150	02:23:41
79	109	Sophia Rees	F3034	4		00:25:24	31	00:00:40	01:08:22	84	00:00:44	00:48:28	137	02:23:42
80	69	nick kemp	M4044	10	Army Triathlon Association	00:29:29	106	00:01:38	01:10:42	125	00:00:57	00:40:59	48	02:23:48
81	114	Juliette Minter	F3539	2	Olney Multisport	00:31:37	163	00:01:17	01:11:58	138	00:00:38	00:38:29	24	02:24:01
82	258	Damian Tarbuck	M3034	14		00:31:14	156	00:01:33	01:07:46	76	00:01:04	00:42:37	67	02:24:17
83	262	Douglas Woollett	M3034	15	Oxford Triathletes	00:28:29	88	00:01:27	01:10:40	123	00:00:43	00:43:15	78	02:24:37
84	116	Kate Turner	F3539	3	Team Trisports	00:30:25	137	00:00:46	01:08:39	90	00:00:37	00:44:14	87	02:24:44
85	21	D Maddock	M2024	5	Army Triathlon Association	00:26:55	49	00:01:16	01:14:02	158	00:01:00	00:41:34	53	02:24:49
86	287	Jonathan Mills	M3539	27		00:30:45	149	00:01:13	01:04:38	45	00:00:56	00:47:15	118	02:24:51
87	237	Lynton Dawson	M3034	16		00:33:15	184	00:01:06	01:06:30	65	00:00:44	00:43:27	79	02:25:04
88	186	Katherine Terrell Gray	F4549	1		00:27:57	79	00:01:06	01:11:19	129	00:00:42	00:44:03	84	02:25:09
89	37	Robert Keane	M3034	17	Army Triathlon Association	00:26:47	46	00:01:26	01:09:05	97	00:01:08	00:46:41	115	02:25:10
90	245	Chris Leat	M3034	18		00:29:03	93	00:00:54	01:08:42	92	00:00:38	00:45:59	102	02:25:19
91	253	Marvin Ryan	M3034	19	Huncote Harriers	00:35:20	209	00:01:16	01:05:56	58	00:00:55	00:41:53	62	02:25:23
92	216	Toby Davis	M2024	6		00:25:00	26	00:01:57	01:10:14	116	00:01:09	00:47:02	116	02:25:24
93	224	Stephen Coomber	M2529	6		00:27:48	76	00:01:53	01:10:18	119	00:00:58	00:45:01	92	02:26:00
94	62	Daz Williams	M4044	11		00:29:59	123	00:01:04	01:08:38	89	00:00:59	00:45:18	95	02:26:01
95	108	Katy Jinks	F3034	5	Team Trisports	00:25:17	28	00:00:50	01:11:38	134	00:00:45	00:47:39	125	02:26:13
96	24	J Toy	M2024	7	Army Triathlon Association	00:30:17	131	00:01:51	01:11:21	131	00:01:13	00:41:51	60	02:26:36
97	215	Andrew Cook	M2024	8		00:27:33	65	00:01:35	01:15:38	178	00:00:54	00:41:18	49	02:27:01

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Results**

98	139	Rob Davies	M4044	12	Team Trisports	00:30:32	142	00:00:51	01:08:33	88	00:00:48	00:46:24	110	02:27:10
99	218	James Leslie	M2024	9	RAF Tri	00:33:20	187	00:01:03	01:09:31	100	00:00:56	00:42:29	65	02:27:22
100	240	Chris Giannangelo	M3034	20	V02 Maximum	00:30:17	132	00:01:07	01:08:43	93	00:00:50	00:46:32	112	02:27:32
101	143	Simon Evans Smith	M4044	13		00:29:27	105	00:01:17	01:09:48	104	00:00:42	00:46:17	107	02:27:34
102	293	Marc Turner	M3539	28	Richard Allen Fitness	00:30:08	126	00:01:11	01:06:53	70	00:00:49	00:48:42	143	02:27:46
103	299	James Wilde	M3539	29		00:30:25	138	00:01:40	01:10:11	115	00:01:14	00:44:13	86	02:27:46
104	302	NHS Institute 2 Team	M	1		00:30:06	255	00:00:49	01:01:04	26	00:00:58	00:54:49	253	02:27:49
105	180	Paul Martin	M4549	8		00:29:34	110	00:01:05	01:09:31	99	00:00:45	00:47:04	117	02:28:02
106	141	Tim Dunne	M4044	14		00:27:39	69	00:01:13	01:07:53	77	00:00:52	00:50:23	167	02:28:03
107	57	Robert Seymour	M3539	30	Army Triathlon Association	00:30:34	143	00:01:09	01:10:03	111	00:00:55	00:45:24	96	02:28:07
108	8	Emma Fowler	F3034	6		00:33:55	192	00:01:28	01:10:16	118	00:00:49	00:41:44	56	02:28:14
109	115	Sarah Simmons	F3539	4	West Midlands police tri	00:31:46	165	00:01:18	01:13:07	150	00:00:48	00:41:27	50	02:28:29
110	135	sean bott	M4044	15	Team Cherwell	00:29:46	118	00:01:26	01:12:11	141	00:00:46	00:44:53	91	02:29:06
111	87	Dave Robins	M3539	31	Army Triathlon Association	00:27:21	57	00:01:03	01:12:32	146	00:00:52	00:47:20	121	02:29:11
112	195	Sadie Murphy	F4549	2	Leicester	00:27:18	55	00:01:37	01:11:44	136	00:00:48	00:47:44	126	02:29:14
113	304	NHS Institute 3 Team	M	2		00:26:49	257	00:00:43	01:16:20		00:00:42	00:44:39	254	02:29:14
114	56	David Reith	M4044	16	Army Triathlon Association	00:30:58	154	00:01:13	01:10:15	117	00:00:51	00:46:11	103	02:29:31
115	63	Simon Currie	M4044	17	Army Triathlon Association	00:32:31	173	00:01:15	01:08:41	91	00:01:03	00:45:59	101	02:29:32
116	128	Simon Aggus	M4044	18		00:32:00	170	00:01:09	01:08:22	85	00:00:50	00:47:16	119	02:29:39
117	164	Simon Wieremiej	M4044	19	Team MK	00:35:46	211	00:00:45	01:06:12	62	00:00:45	00:46:13	104	02:29:43
118	270	Richard Cullip	M3539	32		00:30:03	125	00:01:43	01:09:50	105	00:00:54	00:47:18	120	02:29:50
119	274	Daniel Fox	M3539	33		00:29:05	94	00:01:12	01:10:41	124	00:01:00	00:48:01	130	02:30:02
120	95	heidi goodridge	F2529	1	Peak Performance	00:27:38	68	00:01:21	01:12:19	142	00:00:42	00:48:03	131	02:30:04
121	183	chris pinnell	M4549	9	Hillingdon Triathletes	00:31:45	164	00:01:00	01:08:30	87	00:00:57	00:47:59	128	02:30:14
122	99	Steph Page	F2529	2	Oxford Tri	00:29:47	117	00:01:07	01:13:30	156	00:00:52	00:45:04	93	02:30:22
123	68	keith Jennis	M4044	20	Army Triathlon Association	00:30:41	147	00:01:23	01:12:33	147	00:00:54	00:45:11	94	02:30:43
124	202	Michael Donovan	M5559	1	St Albans Striders	00:27:33	62	00:01:18	01:15:21	173	00:00:47	00:45:44	99	02:30:46
125	140	Greg Dryer	M4044	21		00:28:59	91	00:01:43	01:09:43	102	00:01:07	00:49:18	151	02:30:53
126	272	Simon Douglas	M3539	34	Team Trisports	00:29:33	109	00:01:24	01:10:57	127	00:00:51	00:48:08	133	02:30:56
127	285	maxime Lepoutre	M3539	35	Team Trisports	00:29:51	119	00:01:40	01:11:36	133	00:01:05	00:46:40	114	02:30:56
128	2	Anna Heywood	F2024	2	Army Triathlon Association	00:24:20	22	00:01:10	01:13:14	152	00:00:53	00:51:24	178	02:31:03
129	36	Chris Graham	M3034	21		00:30:39	145	00:01:02	01:09:34	101	00:00:50	00:49:23	154	02:31:30
130	35	Claire Westerman	F2024	3	Army Triathlon Association	00:26:17	42	00:01:00	01:20:47	219	00:01:02	00:43:05	76	02:32:14

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Results**

131	225	John D'Arcy	M2529	7		00:33:16	186	00:00:47	01:09:12	98	00:01:10	00:48:15	136	02:32:42
132	246	Tony Leney	M3034	22	Team MK	00:30:13	129	00:01:12	01:11:47	137	00:00:48	00:49:06	147	02:33:08
133	94	Gill Erskine	F2529	3		00:29:26	102	00:02:07	01:14:08	160	00:01:23	00:46:19	109	02:33:25
134	155	jay love	M4044	22	Rugby & Northampton AC	00:33:54	193	00:00:56	01:07:55	78	00:00:48	00:49:50	160	02:33:26
135	137	Michael Clark	M4044	23	Team Trisports	00:24:46	24	00:01:14	01:12:29	144	00:00:55	00:54:15	199	02:33:41
136	273	Joel Farrow	M3539	36	Team Trisports	00:30:15	130	00:00:52	01:12:04	140	00:01:02	00:49:46	159	02:34:01
137	185	rob riekie	M4549	10	Team MK	00:35:03	207	00:01:29	01:10:20	120	00:00:51	00:46:17	108	02:34:03
138	252	Colin Porter	M3034	23	BADTri	00:27:47	75	00:02:04	01:10:44	126	00:01:32	00:51:57	182	02:34:07
139	11	Carolyn Young	F3034	7	Army Triathlon Association	00:26:49	48	00:01:16	01:15:58	180	00:00:57	00:49:06	148	02:34:09
140	166	Mark Winstanley	M4044	24		00:34:22	199	00:01:10	01:10:02	110	00:01:20	00:47:36	124	02:34:32
141	92	Anna Holden	F2024	4	Team Trisports	00:27:28	61	00:01:00	01:14:32	165	00:00:48	00:50:42	170	02:34:33
142	160	nick powis	M4044	25		00:32:09	172	00:02:24	01:10:59	128	00:01:04	00:48:01	129	02:34:38
143	296	Martin Webb	M3539	37		00:31:51	166	00:01:57	01:09:43	103	00:01:28	00:50:22	166	02:35:24
144	28	ashley elford	M2529	8		00:30:55	151	00:01:01	01:08:47	94	00:01:01	00:53:45	195	02:35:32
145	307	NHS Institute 1 Team	M	3		00:33:43	258	00:00:49	01:14:20	163	00:00:55	00:46:27	256	02:36:15
146	111	Carys Williams	F3034	8	oxford tri club	00:27:36	67	00:01:02	01:18:01	198	00:00:55	00:49:24	155	02:37:00
147	298	Garin Wilby	M3539	38		00:33:20	188	00:01:25	01:14:57	170	00:01:21	00:46:16	106	02:37:22
148	12	louise james	F3539	5	Army Triathlon Association	00:29:25	100	00:00:59	01:15:06	172	00:01:04	00:50:49	172	02:37:26
149	256	David Sparrow	M3034	24	Team Stealth	00:34:33	202	00:01:55	01:08:14	82	00:01:35	00:51:09	176	02:37:28
150	158	Steve Moakes	M4044	26	Team Trisports	00:30:26	139	00:00:54	01:15:38	177	00:00:49	00:50:03	162	02:37:52
151	263	Stuart Ballard	M3539	39		00:30:21	134	00:03:54	01:12:31	145	00:01:59	00:49:04	146	02:37:52
152	19	David Jenkins	M2024	10	Army Triathlon Association	00:30:36	144	00:02:04	01:18:07	199	00:00:46	00:46:31	111	02:38:07
153	124	Jackie Perry	F4549	3	Team Trisports	00:33:06	178	00:00:50	01:13:29	155	00:01:01	00:49:44	158	02:38:13
154	300	Drew Williams	M3539	40		00:32:43	174	00:01:41	01:12:27	143	00:01:17	00:50:25	168	02:38:36
155	25	S Wright	M2024	11	Army Triathlon Association	00:38:35	232	00:01:33	01:10:06	112	00:01:07	00:47:24	123	02:38:48
156	223	Thomas Campbell	M2529	9		00:30:11	127	00:02:28	01:17:21	193	00:01:00	00:48:39	141	02:39:43
157	163	stephen south	M4044	27		00:35:53	212	00:01:14	01:10:11	114	00:01:10	00:51:15	177	02:39:45
158	282	mark james	M3539	41		00:30:52	150	00:02:10	01:09:55	109	00:01:53	00:54:51	207	02:39:45
159	167	James Wright	M4044	28		00:33:14	182						255	02:39:47
160	249	Daniel Moll	M3034	25		00:30:20	133	00:03:25	01:16:30	187	00:01:49	00:48:05	132	02:40:12
161	142	Chris Ellis	M4044	29		00:27:14	53	00:01:44	01:07:11	71	00:01:41	01:02:34	235	02:40:26
162	122	Samantha Tophill	F4044	1	Team Trisports	00:32:51	175	00:01:07	01:16:52	190	00:01:06	00:48:34	140	02:40:32
163	289	Simon Parker	M3539	42		00:34:02	194	00:01:35	01:14:22	161	00:00:57	00:49:37	156	02:40:35

2010 Northampton Triathlon;

Results

164	100	Naomi Woodland	F2529	4	Team Trisports	00:29:25	101	00:01:16	01:14:52	168	00:00:57	00:54:22	202	02:40:55
165	196	Michael Humphris	M5054	7	Team Trisports	00:34:59	206	00:01:57	01:15:22	174	00:01:15	00:47:21	122	02:40:56
166	178	George Jackson	M4549	11		00:40:20	244	00:01:46	01:15:27	175	00:00:58	00:42:44	70	02:41:17
167	60	Scott Wadham	M3539	43		00:40:03	241	00:01:19	01:08:58	96	00:00:51	00:48:11	134	02:41:25
168	130	Martin Archibald	M4044	30	Moray Firth Triathletes	00:31:22	160	00:01:57	01:16:29	186	00:00:47	00:50:54	174	02:41:32
169	286	Edward Manson	M3539	44	Team Trisports	00:33:07	180	00:01:06	01:17:02	191	00:00:47	00:50:04	163	02:42:09
170	198	Neil Kear	M5054	8	Hinckley Cycle Racing Club	00:30:22	135	00:01:47	01:18:23	200	00:01:09	00:50:41	169	02:42:24
171	235	Steve Bonsell	M3034	26	Team Bonsell	00:34:36	203	00:01:24	01:19:00	205	00:01:04	00:46:33	113	02:42:40
172	269	lawson conroy	M3539	45		00:37:16	223	00:03:12	01:14:26	164	00:02:08	00:45:48	100	02:42:52
173	250	Simon Pavitt	M3034	27		00:30:22	136	00:01:46	01:17:18	192	00:00:53	00:52:33	186	02:42:55
174	264	Mark Beaver	M3539	46	Team Trisports	00:33:16	185	00:00:42	01:14:59	171	00:00:47	00:53:09	189	02:42:56
175	187	Richard Thomas	M4549	12	Team Trisports	00:32:01	171	00:01:18	01:14:22	162	00:01:02	00:54:19	201	02:43:05
176	152	Ian Hobbs	M4044	31	Team Trisports	00:25:18	29	00:00:44	01:13:19	153	00:01:05	01:02:50	238	02:43:19
177	168	Timothy Adams	M4549	13		00:38:26	231	00:01:57	01:13:21	154	00:01:15	00:48:31	139	02:43:33
178	33	Rich Crawford	M3034	28	Army Triathlon Association	00:31:17	159	00:01:43	01:19:41	208	00:01:15	00:49:37	157	02:43:37
179	291	Gavin Stephens	M3539	47		00:30:02	124	00:02:21	01:13:00	149	00:01:32	00:56:40	213	02:43:37
180	238	Tony Dickinson	M3034	29	BRAT	00:29:34	111	00:02:21	01:13:43	157	00:01:50	00:56:10	209	02:43:42
181	97	Liz Maddison	F2529	5		00:29:29	107	00:01:21	01:20:16	215	00:00:43	00:52:10	184	02:44:02
182	212	Gary Nichols	M5559	2	Cambridge Triathlon Club	00:31:53	167	00:01:48	01:16:51	189	00:01:30	00:52:01	183	02:44:05
183	190	Steve Adams	M5054	9	Wellingborough and District AC	00:35:13	208	00:01:15	01:16:39	188	00:00:55	00:50:08	165	02:44:12
184	93	Sara Mickleburgh	F2024	5	Stamford Tri Club	00:30:55	152	00:02:10	01:21:51	225	00:00:37	00:48:42	142	02:44:18
185	9	charlotte moat	F3034	9	Army Traithlon Association / Andover	00:31:02	155	00:01:32	01:16:27	184	00:00:52	00:54:25	204	02:44:21
186	96	Jessica Leckey	F2529	6		00:33:10	181	00:02:13	01:18:28	201	00:01:35	00:49:08	149	02:44:37
187	6	Jo Merry	F2529	7	Army Triathlon Association	00:30:43	148	00:01:41	01:20:24	216	00:00:58	00:48:59	145	02:44:47
188	197	Peter Johnson	M5054	10		00:36:45	217	00:02:18	01:13:09	151	00:01:27	00:51:34	179	02:45:17
189	1	megan cook	F2024	6		00:29:13	96	00:01:18	01:17:25	194	00:00:39	00:56:45	216	02:45:22
190	220	Steven Alcock	M2529	10		00:33:03	177	00:01:54	01:18:29	203	00:01:07	00:50:54	175	02:45:29
191	101	Jenny Briggs	F3034	10		00:29:19	97	00:01:51	01:20:08	213	00:01:05	00:53:10	190	02:45:36
192	306	Kiwi and a Pom Team	M	4		00:25:48	39	00:01:54	01:25:04	240	00:00:48	00:52:14	185	02:45:51
193	174	Kevin Frazer	M4549	14		00:41:47	247	00:03:21	01:10:06	113	00:01:57	00:48:44	144	02:45:58
194	261	Ian Wild	M3034	30		00:33:13	183	00:02:15	01:17:38	196	00:01:10	00:51:44	180	02:46:02
195	113	Elodie Irving	F3539	6	Team Trisports	00:29:45	116	00:00:58	01:20:38	218	00:00:55	00:53:54	197	02:46:13
196	221	Joseph Allen	M2529	11	LEICESTER TRIATHLON CLUB	00:27:49	77	00:02:00	01:22:16	231	00:00:47	00:53:26	193	02:46:21

**2010 Northampton Triathlon;
Results**

197	125	Lesley Dutton	F5054	1	Team Trisports	00:38:13	229	00:00:53	01:18:29	202	00:00:46	00:48:29	138	02:46:52
198	275	John Fraiel	M3539	48		00:33:24	189	00:01:32	01:12:48	148	00:01:12	00:58:10	223	02:47:09
199	159	Keith Perry	M4044	32	Team Trisports	00:34:16	196	00:00:54	01:15:33	176	00:00:57	00:56:33	211	02:48:15
200	7	samantha toop	F2529	8	Army Triathlon Association	00:35:36	210	00:00:49	01:20:52	221	00:00:50	00:50:06	164	02:48:16
201	162	Tim Smith	M4044	33	Team Trisports	00:37:10	222	00:00:59	01:10:40	122	00:00:52	00:58:39	225	02:48:22
202	284	Richard Lambert	M3539	49	Bedford Traktors	00:31:13	157	00:02:53	01:19:01	206	00:01:06	00:54:29	205	02:48:44
203	173	Neil Emsden	M4549	15	Coventry Triathletes	00:34:55	205	00:01:41	01:16:01	182	00:01:49	00:54:40	206	02:49:09
204	230	Matt Pleass	M2529	12		00:39:14	237	00:02:59	01:26:27	245	00:01:27	00:39:29	33	02:49:39
205	98	Trudi O'Mahoney	F2529	9	Oxford Tri	00:27:24	60	00:01:32	01:18:55	204	00:01:15	01:01:36	231	02:50:44
206	149	Gary Halliday	M4044	34		00:31:57	168	00:01:41	01:27:11	246	00:01:41	00:49:22	153	02:51:55
207	131	John Austin	M4044	35	Rugby Triathlon Club	00:36:49	218	00:02:27	01:14:49	167	00:01:06	00:56:47	217	02:52:01
208	255	Tim Scott	M3034	31		00:43:56	249	00:02:50	01:14:45	166	00:01:15	00:49:18	152	02:52:07
209	236	Nicolas Bouvier	M3034	32		00:30:28	140	00:03:43	01:21:56	227	00:02:29	00:54:15	200	02:52:54
210	5	S Klopper	F2529	10	Army Triathlon Association	00:29:33	108	00:01:57	01:22:27	232	00:01:07	00:57:51	222	02:52:57
211	102	Carlene Cole	F3034	11		00:34:26	201	00:03:15	01:19:23	207	00:02:28	00:53:22	192	02:52:57
212	231	simon seed	M2529	13		00:34:41	204	00:03:28	01:20:05	212	00:01:30	00:53:40	194	02:53:27
213	247	Ryan Mason	M3034	33		00:45:33	251	00:01:50	01:14:04	159	00:01:18	00:50:43	171	02:53:30
214	29	Mark Ellison	M2529	14		00:33:35	190	00:01:28	01:17:58	197	00:00:36	01:00:21	229	02:54:01
215	120	Angela King	F4044	2		00:37:28	224	00:02:57	01:20:48	220	00:01:16	00:51:57	181	02:54:29
216	156	Mark Malone	M4044	36	Team Trisports	00:38:44	234	00:00:54	01:09:51	106	00:01:05	01:04:02	240	02:54:39
217	192	neil bradshaw	M5054	11	Serpentine	00:39:27	238	00:03:43	01:17:31	195	00:01:43	00:52:57	187	02:55:23
218	201	Steve Mussett	M5054	12	Team Trisports	00:36:29	216	00:01:01	01:16:10	183	00:02:09	00:59:45	228	02:55:37
219	301	NHS Institute 4 Team	M	5		00:29:44	115	00:00:35	01:28:00	250	00:00:42	00:56:40	214	02:55:44
220	144	darren foskett	M4044	37		00:38:07	228	00:02:47	01:16:00	181	00:01:49	00:57:02	220	02:55:48
221	107	Samantha Goddard	F3034	12	Cambridge Triathlon Club	00:33:07	179	00:01:35	01:27:33	248	00:01:05	00:53:11	191	02:56:35
222	127	Alyson Sprawson	F5054	2	Team Trisports	00:31:34	162	00:01:07	01:26:19	244	00:01:08	00:56:37	212	02:56:48
223	251	Antoine Pitton	M3034	34		00:34:23	200	00:03:41	01:22:06	230	00:03:28	00:53:08	188	02:56:48
224	27	jack cox	M2529	15		00:40:07	242	00:01:47	01:26:13	243	00:00:54	00:47:49	127	02:56:53
225	134	Andrew Betts	M4044	38	Northants Tri	00:41:13	245	00:01:48	01:21:54	226	00:01:59	00:50:01	161	02:56:59
226	119	Kerry Hall	F4044	3	Marlborough Triathlon Club	00:36:05	213	00:01:50	01:21:30	223	00:01:13	00:56:43	215	02:57:24
227	145	Neil Galjaard	M4044	39		00:38:20	230	00:01:35	01:20:02	210	00:01:01	00:56:51	219	02:57:52
228	265	Julian Blackwell	M3539	50	None	00:41:39	246	00:02:43	01:21:56	228	00:00:50	00:50:50	173	02:58:00
229	184	PAUL RAYNOR	M4549	16		00:37:01	221	00:01:54	01:15:49	179	00:01:03	01:02:41	237	02:58:31

**2010 Northampton Triathlon;
Results**

230	244	James Leaper	M3034	35		00:33:01	176	00:03:04	01:14:56	169	00:02:05	01:05:44	244	02:58:52
231	283	mark jeffrey	M3539	51		00:33:43	191	00:02:25	01:23:57	237	00:01:06	00:58:23	224	02:59:37
232	303	2 chicks and a bloke Team	M	6		00:36:58	220	00:00:40	01:27:21	247	00:00:50	00:53:52	196	02:59:43
233	288	Paul Mullett	M3539	52	Team MK	00:36:09	214	00:01:38	01:19:55	209	00:01:04	01:04:01	239	03:02:50
234	170	Michael Chapman	M4549	17		00:39:54	240	00:02:36	01:25:28	241	00:00:53	00:53:58	198	03:02:52
235	175	Jonathan Graham	M4549	18		00:38:06	227	00:03:46	01:11:30	132	00:03:08	01:06:54	246	03:03:26
236	294	john upton	M3539	53		00:36:20	215	00:02:36	01:28:42	251	00:01:35	00:54:23	203	03:03:38
237	150	Marc Hammerson	M4044	40		00:37:35	225	00:02:13	01:20:27	217	00:01:44	01:01:54	233	03:03:55
238	85	Paul Smith	M5559	3	Army Triathlon Association	00:34:19	197	00:01:52	01:22:35	233	00:01:26	01:04:05	241	03:04:20
239	148	Jake Hales	M4044	41		00:34:03	195	00:02:11	01:24:53	239	00:01:27	01:01:47	232	03:04:23
240	233	Ben Barker	M3034	36		00:37:39	226	00:02:39	01:23:11	236	00:02:07	00:59:04	227	03:04:42
241	106	Kate Fenlon	F3034	13	Icknield Road Club	00:31:58	169	00:03:06	01:16:28	185	00:01:37	01:11:47	249	03:04:59
242	64	Gary Davis	M4044	42	Army Triathlon Association	00:34:20	198	00:00:52	01:22:54	235	00:00:55	01:06:29	245	03:05:33
243	61	Craig Walsh	M3539	54	Army Triathlon Association	00:45:19	250	00:02:05	01:20:04	211	00:01:46	00:56:18	210	03:05:34
244	10	Gillian Reynolds	F3034	14		00:31:16	158	00:01:23	01:31:38	252	00:00:56	01:00:42	230	03:05:58
245	176	Mark Herman	M4549	19		00:36:51	219	00:02:36	01:22:52	234	00:01:40	01:02:34	236	03:06:35
246	171	Mike Chart	M4549	20		00:38:42	233	00:02:24	01:21:06	222	00:01:44	01:05:27	243	03:09:27
247	248	Wayne Millard	M3034	37		00:39:05	236	00:01:54	01:20:15	214	00:01:44	01:09:33	248	03:12:33
248	305	The Macs Team	M	7		00:27:22	58	00:00:44	01:46:32	254	00:00:51	00:57:28	221	03:12:59
249	161	Stuart Relf	M4044	43		00:39:03	235	00:06:34	01:26:11	242	00:02:34	00:58:53	226	03:13:17
250	146	Simon Gray	M4044	44		00:48:11	253	00:03:05	01:21:43	224	00:02:31	01:04:56	242	03:20:29
251	112	Vicki Goddard	F3539	7		00:45:39	252	00:03:09	01:24:39	238	00:02:07	01:08:04	247	03:23:40
252	4	Rosalind Wyatt	F2024	7		00:40:15	243	00:02:45	01:47:39	255	00:00:41	01:02:03	234	03:33:26
253	18	calum black	M2024	12		01:09:36	254	00:01:53	01:27:47	249	00:01:07	00:56:48	218	03:37:14
254	154	Christopher Lodge	M4044	45		00:39:40	239	00:07:36	01:22:04	229	00:05:24	01:23:28	251	03:38:15
255	118	Ruth Fitch	F4044	4		00:42:41	248	00:02:26	01:41:04	253	00:01:15	01:15:54	250	03:43:21
0	151	Adrian Hampstead	M4044			00:25:57		00:01:31	01:16:23		00:01:21			
0	138	Andrew Damerum	M4044		Rugby Triathlon Club	00:37:43		00:01:48	00:50:20					
0	229	Chris Lowe	M2529		Leicester Tri Club	00:29:14		00:01:25						
0	199	dale marshall	M5054			00:45:24		00:01:56	01:23:25		00:01:28			
0	276	Fernando Gamero	M3539			00:34:13		00:08:33	01:21:23		00:02:03	00:17:02		
0	79	Gary Smith	M4549		Army Triathlon Association	00:24:58		00:00:57	01:06:00		00:00:50			
0	50	Ian O'Brien	M3539		Army Triathlon Association	00:27:04	51	00:01:26	00:40:39	1	00:01:00	00:54:59	208	

2010 Northampton Triathlon;

Results

0	169	Nicholas Beale	M4549			00:35:46		00:01:30	01:15:56		00:00:58			
0	73	Phil Todd	M4044		Army Triathlon Association	00:28:15		00:01:00	01:13:35		00:00:49			
0	214	sean bradley	M2024		Team Trisports	00:27:59		00:01:22						
0	34	stuart edwards	M3034			00:26:33	43	00:00:53						
0	67	Stuart irving	M4044		Army Triathlon Association	00:25:28	33	00:00:57	00:49:20	2				