

**2009 Northampton Triathlon;
Sprint Results**

Pos	Name	From	Race number	Age Cat	Sex	Time	Age Cat Pos	Swim	Swim Pos	Swim Cat Pos	T1	Bike	Bike Pos	Bike Cat Pos	T2	Run	Run Pos	Run Cat Pos	Time Penalty
1	ANDY TARRY	Ceepo TFN Rt	408	40-44	Male	01:07:56	1	00:11:05	1	1	00:00:36	00:38:41	1	1	00:00:32	00:16:58	2	1	
2	PRESTON ECKLOFF	BRATS	440	50-54	Male	01:18:13	1	00:14:35	7	1	00:01:07	00:42:00	2	1	00:00:42	00:19:47	4	1	
3	SAMUEL PARKER	4Life	359	U20	Male	01:20:55	1	00:12:10	2	1	00:01:07	00:45:38	8	1	00:00:34	00:21:24	14	1	
4	MATTHEW THOM		362	25-29	Male	01:21:57	1	00:16:23	26	7	00:01:22	00:43:22	3	1	00:00:48	00:19:58	5	1	
5	COLIN BRADLEY		421	40-44	Male	01:23:36	2	00:14:48	9	3	00:00:52	00:45:02	6	2	00:00:41	00:22:11	22	4	
6	ALEX MEAD		367	25-29	Male	01:23:37	2	00:15:45	18	4	00:00:51	00:44:44	4	2	00:00:40	00:21:35	17	4	
7	SIMON HALL	FVS TRI	417	40-44	Male	01:23:38	3	00:16:02	21	4	00:01:12	00:46:07	11	3	00:00:47	00:19:27	3	2	
8	BLAKE JAMES BEDFORD		422	40-44	Male	01:23:46	4	00:14:09	4	2	00:01:10	00:46:43	14	4	00:00:49	00:20:52	8	3	
9	JONATHAN MILLS	Tri London	366	25-29	Male	01:23:52	3	00:14:17	5	1	00:00:53	00:46:37	12	4	00:00:54	00:21:09	12	2	
10	RICHARD HUGHES	Team Cherwell	407	35-39	Male	01:23:53	1	00:15:35	13	1	00:00:48	00:45:43	9	2	00:00:48	00:20:55	9	1	
11	ANDY GREEN		430	45-49	Male	01:27:22	1	00:16:46	28	5	00:01:18	00:46:53	16	2	00:00:40	00:21:43	19	1	
12	ANDREW HACKETT		400	35-39	Male	01:27:42	2	00:16:22	25	4	00:01:18	00:47:48	18	3	00:01:07	00:21:04	11	2	
13	MICHAEL CULLEY		373	25-29	Male	01:27:52	4	00:14:54	10	2	00:01:40	00:49:08	28	7	00:00:59	00:21:09	13	3	
1	TEAM 3B TEAM		446	REL	Unisex	01:27:59	1	00:16:06	22	1	00:00:32	00:49:44	35	1	00:00:35	00:21:00	10	1	
14	ADAM WHITEHEAD	Team Cherwell	368	25-29	Male	01:28:32	5	00:15:34	12	3	00:01:20	00:48:39	25	6	00:00:39	00:22:19	23	6	
15	GARY BRINE	Viceroy's	428	45-49	Male	01:29:34	2	00:15:37	15	3	00:00:53	00:48:11	20	4	00:00:41	00:24:09	46	5	
16	MATTHEW WELLS		363	25-29	Male	01:29:42	6	00:18:52	58	9	00:01:23	00:46:06	10	3	00:00:46	00:22:33	25	7	
1	CLAIRE FRASER	Army Triathlon Association	337	30-34	Female	01:29:54	1	00:14:34	6	1	00:00:57	00:49:51	38	1	00:00:43	00:23:47	39	3	
2	Lisette BONIN-CASEY		389	40-44	Female	01:30:06	1	00:15:42	16	1	00:01:24	00:50:01	41	1	00:01:04	00:21:51	20	1	
17	CHRISTIAN WILSON	CATS	392	35-39	Male	01:30:49	3	00:22:16	88	17	00:01:05	00:45:01	5	1	00:00:59	00:21:25	15	3	
18	MARK HOWELL	Viceroy's	432	45-49	Male	01:30:53	3	00:16:33	27	4	00:00:55	00:47:42	17	3	00:00:45	00:24:56	56	6	
19	WILL TURNER		375	30-34	Male	01:30:56	1	00:18:24	45	5	00:01:31	00:48:32	22	1	00:00:45	00:21:41	18	2	
20	ADAM EAKINS		405	35-39	Male	01:31:23	4	00:15:42	17	2	00:01:02	00:49:53	39	11	00:00:53	00:23:51	41	8	
21	SAM GOODACRE		369	25-29	Male	01:32:00	7	00:16:02	20	5	00:01:34	00:48:34	23	5	00:00:55	00:24:54	55	10	
22	JOHN HOWKINS		441	50-54	Male	01:32:14	2	00:18:13	43	3	00:02:17	00:46:42	13	2	00:01:16	00:23:43	37	2	
3	KATE ARMSTRONG	PACTRAC	356	45-49	Female	01:32:49	1	00:18:36	52	1	00:01:56	00:50:50	46	1	00:01:02	00:20:22	7	1	
23	MICHAEL MCDONOUGH	LONDON FRONTRUNNERS	384	35-39	Male	01:33:08	5	00:15:47	19	3	00:04:01	00:49:34	33	8	00:00:58	00:22:44	26	5	
4	ROSALIND GOATLY	PACTRAC	345	35-39	Female	01:33:19	1	00:15:37	14	1	00:01:04	00:51:44	52	1	00:00:51	00:24:01	43	1	
24	DAVID CONWAY		380	30-34	Male	01:33:39	2	00:18:10	42	4	00:02:09	00:51:42	51	7	00:01:32	00:20:02	6	1	
25	MARTIN HAMILTON	W&DAC	427	45-49	Male	01:33:42	4	00:21:59	87	9	00:01:46	00:45:28	7	1	00:01:21	00:23:05	31	2	
26	GUY GRAHAM		414	40-44	Male	01:34:04	5	00:18:35	51	8	00:03:08	00:48:38	24	5	00:01:20	00:22:20	24	5	
27	IAN RHODES		387	35-39	Male	01:34:10	6	00:18:25	46	7	00:01:16	00:47:51	19	4	00:00:48	00:25:48	67	13	
5	BETHAN GWYNN	Kenilworth Wheelers & Spa Striders	333	25-29	Female	01:34:50	1	00:18:06	40	2	00:01:34	00:49:49	37	1	00:00:55	00:24:24	49	1	
28	SHAUN LOCK		388	35-39	Male	01:34:57	7	00:20:47	80	13	00:02:33	00:49:08	29	7	00:00:59	00:21:27	16	4	
6	KATE COVENEY	Serpentine	338	30-34	Female	01:34:59	2	00:17:19	33	3	00:01:30	00:51:46	53	3	00:01:19	00:23:02	29	2	
29	ROBERT AUSTIN	TF Lager Nutrition Race Team	424	40-44	Male	01:35:22	6	00:16:18	24	5	00:01:57	00:50:37	44	7	00:01:00	00:25:27	62	13	

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30	IAN JAMES		378	30-34	Male	01:35:31	3	00:17:19	34	1	00:01:35	00:49:57	40	5	00:00:41	00:25:57	68	6	
31	DAVID WELCH	FVS TRI	374	30-34	Male	01:35:34	4	00:21:24	84	8	00:00:54	00:49:05	27	2	00:01:04	00:23:05	30	3	
32	KEN MURRAY		425	40-44	Male	01:35:46	7	00:20:08	70	12	00:01:44	00:49:09	30	6	00:01:04	00:23:38	35	8	
33	MARK JAMES		385	35-39	Male	01:35:57	8	00:17:01	32	6	00:01:46	00:48:53	26	6	00:01:11	00:27:03	77	15	
34	CHRIS ROBINSON		370	25-29	Male	01:36:46	8	00:17:53	39	8	00:02:46	00:51:15	49	8	00:01:09	00:23:40	36	9	
35	MR WILLIAM SMITH		379	30-34	Male	01:36:51	5	00:19:55	68	7	00:02:10	00:49:18	31	3	00:00:58	00:24:28	50	4	
36	MARK BRAMMER		395	35-39	Male	01:36:53	9	00:22:23	89	18	00:01:24	00:48:25	21	5	00:00:52	00:23:47	40	7	
37	DAVID NICHOLSON		433	45-49	Male	01:37:02	5	00:13:43	3	1	00:03:46	00:52:42	58	6	00:01:51	00:24:56	57	7	
38	KEVIN HILLCOAT		376	30-34	Male	01:37:16	6	00:18:09	41	3	00:01:45	00:49:21	32	4	00:00:50	00:27:08	78	8	
39	CRAIG DONNELLY		402	35-39	Male	01:37:23	10	00:16:54	31	5	00:01:20	00:51:00	47	12	00:01:05	00:27:02	76	14	
40	JEFFREY PENMAN		381	30-34	Male	01:37:30	7	00:17:31	37	2	00:02:00	00:50:10	42	6	00:01:13	00:26:34	71	7	
41	TONY ALLEN		415	40-44	Male	01:38:05	8	00:18:36	53	9	00:01:44	00:51:47	54	9	00:01:04	00:24:51	53	11	
7	CATRIN JONES		332	25-29	Female	01:38:08	2	00:14:39	8	1	00:01:49	00:54:02	65	2	00:00:54	00:26:41	73	2	
42	MARK MCGIDDY		423	40-44	Male	01:38:13	9	00:19:52	66	11	00:01:54	00:52:00	55	10	00:01:15	00:23:10	33	7	
8	DEBI COLES	Team Cherwell	349	40-44	Female	01:38:39	2	00:17:31	36	2	00:01:12	00:53:08	59	2	00:00:57	00:25:48	66	3	
9	JOANNE BLACKMORE		334	30-34	Female	01:38:49	3	00:16:50	29	2	00:01:45	00:53:57	64	5	00:00:47	00:25:27	61	4	
43	RICHARD AFFORD		437	45-49	Male	01:38:55	6	00:15:29	11	2	00:02:01	00:52:25	56	5	00:00:55	00:28:02	83	10	
44	GLYN BAKER		398	35-39	Male	01:39:40	11	00:19:41	65	10	00:01:44	00:49:38	34	9	00:01:05	00:27:30	80	16	
45	JOHN AUSTIN	Rugby Triathlon Club	416	40-44	Male	01:40:01	10	00:20:45	78	14	00:02:01	00:50:40	45	8	00:01:21	00:25:11	59	12	
46	ANDY DAVIES	Tri Force Lager Nutrition Race Team (UK)	442	50-54	Male	01:40:04	3	00:17:35	38	2	00:02:17	00:54:32	69	4	00:00:36	00:25:02	58	4	
47	ANDREW DAMERUM	Rugby Triathlon Club	406	35-39	Male	01:40:22	12	00:22:51	92	19	00:02:28	00:49:48	36	10	00:01:04	00:24:08	45	9	
48	MICHAEL CHAPMAN		434	45-49	Male	01:40:29	7	00:20:25	75	7	00:01:11	00:54:16	67	7	00:00:40	00:23:55	42	3	
49	MICHAEL KENDALL	Wootton Tri Club	443	50-54	Male	01:40:30	4	00:20:16	73	4	00:03:26	00:51:06	48	3	00:01:15	00:24:24	48	3	
50	BRIAN HEMMINGS		419	40-44	Male	01:40:35	11	00:18:32	48	6	00:01:54	00:54:59	72	13	00:01:24	00:23:44	38	9	
10	LUCY HARTWRIGHT	TriTalk.co.uk	341	30-34	Female	01:41:00	4	00:18:31	47	6	00:01:28	00:53:22	61	4	00:01:27	00:26:09	69	6	
51	NIGEL PAINE		401	35-39	Male	01:41:02	13	00:18:33	49	8	00:01:44	00:55:09	74	15	00:00:55	00:24:38	52	10	
52	David YOUNG		364	25-29	Male	01:41:18	9	00:16:15	23	6	00:01:55	00:55:19	75	9	00:01:08	00:26:39	72	11	
53	GARY PELL		399	35-39	Male	01:41:20	14	00:21:18	83	14	00:01:26	00:54:13	66	13	00:01:14	00:23:07	32	6	
54	MATTHEW PHILLIPS		365	25-29	Male	01:41:46	10	00:20:49	81	11	00:02:06	00:55:52	78	10	00:01:04	00:21:53	21	5	
11	JULIETTE FALKNER	Northants Tri	354	45-49	Female	01:41:57	2	00:20:10	71	4	00:01:28	00:51:17	50	2	00:00:55	00:28:04	84	2	
55	LEIGH JORDAN		403	35-39	Male	01:42:16	15	00:18:50	56	9	00:02:15	00:54:25	68	14	00:01:27	00:25:17	60	12	
56	ROBERT LENTON		382	30-34	Male	01:42:32	8	00:19:37	63	6	00:02:16	00:53:36	63	8	00:01:31	00:25:30	64	5	
57	STEVEN HOLMES		410	40-44	Male	01:42:48	12	00:18:34	50	7	00:03:16	00:57:17	81	14	00:00:41	00:22:57	28	6	
12	JOANNE DARWOOD		336	30-34	Female	01:42:59	5	00:18:17	44	5	00:02:54	00:57:50	83	6	00:01:03	00:22:51	27	1	
13	LYNN ALLEN	FVS TRI	353	40-44	Female	01:43:44	3	00:20:11	72	4	00:01:56	00:53:19	60	3	00:00:59	00:27:17	79	4	
58	JIM FINLAY		436	45-49	Male	01:43:58	8	00:18:44	54	6	00:02:31	00:54:58	71	8	00:01:40	00:24:02	44	4	+00:02:00
59	JAKE HALES		418	40-44	Male	01:44:06	13	00:18:54	59	10	00:02:40	00:54:47	70	12	00:00:55	00:26:45	74	14	
14	KATE HARRIS	'Olney Runners and Multisport'	330	25-29	Female	01:45:06	3	00:18:47	55	3	00:01:39	00:55:39	76	3	00:00:59	00:27:58	82	3	
15	ALISON BOOTH	St Ives CC	357	45-49	Female	01:45:19	3	00:18:52	57	2	00:02:38	00:53:35	62	3	00:01:43	00:28:29	87	3	

