

Little Beaver: 2009 Results

Pos	Bib	FIRST	LAST	Gender	Category	ClubName	Swim	T1	Bike	T2	Run	Overall
1	63	TRISTAN	SHIPSIDES	Male	25-29	Ful-on Tri	00:23:19	00:00:40	00:56:46	00:00:41	00:35:07	01:56:35
2	59	NICK	DUNN	Male	25-29	Ceepeo TFN Rt	00:22:09	00:01:04	00:57:56	00:00:35	00:37:28	01:59:12
3	78	CHRIS	STANDIDGE	Male	30-34	Tri Central	00:21:10	00:00:51	00:58:42	00:00:44	00:37:53	01:59:22
4	202	ALAN	COPLAND	Male	35-39	One Life Racing	00:21:10	00:00:46	00:58:44	00:00:36	00:38:05	01:59:22
5	15	THOMAS	STURDY	Male	20-24	Loughborough Students	00:21:00	00:00:53	00:57:57	00:00:49	00:38:48	01:59:29
6	11	PHILIP	WOLFE	Male	20-24	Mammoth Lifestyle Racing Team	00:19:29	00:00:47	01:01:46	00:00:44	00:37:15	02:00:03
7	19	TOM	DAVEY	Male	20-24	WWW.THETRIATHLONCOACH.COM	00:22:55	00:00:49	00:58:14	00:00:39	00:37:52	02:00:32
8	121	DALE	GRASSBY	Male	30-34	RAF Triathlon	00:20:01	00:00:39	00:58:48	00:00:39	00:40:47	02:00:57
9	100	CHARLES	PENNINGTON	Male	30-34	Royal Navy Triathlon	00:23:20	00:00:54	00:59:01	00:00:45	00:37:47	02:01:47
10	196	NICK	MALYNN	Male	35-39	Fulon Tri	00:23:58	00:00:41	00:59:42	00:01:03	00:36:33	02:01:59
11	82	RICHARD	TODD	Male	30-34	Tortoise Club	00:22:15	00:01:03	00:58:21	00:00:40	00:39:44	02:02:04
12	37	Richard	PRYER	Male	25-29	TCUK	00:20:53	00:00:45	01:00:35	00:00:54	00:39:53	02:03:01
13	290	PETER	YOUNGHUSBAND	Male	45-49	TRI UK-Gatorade	00:23:23	00:00:37	00:59:40	00:00:48	00:38:48	02:03:17
14	94	DAVID	DRIVER	Male	30-34	Triangle	00:23:42	00:00:42	01:01:54	00:00:37	00:36:35	02:03:31
15	12	JAMES	RATCLIFFE	Male	20-24	Ceepeo TFN Rt	00:20:31	00:00:45	01:00:09	00:00:37	00:41:52	02:03:56
16	56	NEIL	HARRIS	Male	25-29	VO2 Maximum RT	00:22:23	00:00:56	00:59:53	00:00:47	00:39:57	02:03:59
17	246	PETE	EGGLESTON	Male	40-44	Tri Force	00:24:18	00:00:52	00:59:54	00:00:45	00:38:09	02:04:01
18	142	JONATHAN	WILLIAMS	Male	30-34	Celtic Tri	00:22:21	00:00:55	01:01:25	00:00:50	00:38:29	02:04:01
19	64	MIKE	CORNES	Male	25-29	Mammoth Lifestyle Racing Team	00:21:36	00:01:03	01:02:51	00:00:45	00:37:53	02:04:08
20	39	JAMIE	HINTON	Male	25-29		00:20:32	00:01:09	01:01:22	00:00:43	00:40:30	02:04:18
21	91	IAN	SMITH	Male	30-34	CEEPO TFN Race Team	00:21:24	00:00:49	01:01:37	00:00:48	00:40:03	02:04:43
22	27	ROGER	WITZ-BARNES	Male	25-29	Tri Central / Zoot	00:21:09	00:01:13	01:01:43	00:00:48	00:39:49	02:04:43
23	81	ANDY	PRYKE	Male	30-34	met police tri cub	00:21:52	00:01:15	01:01:29	00:01:11	00:39:00	02:04:49
24	163	MARK	YEOMAN	Male	35-39	SIGMA SPORT / Viceroy's	00:22:33	00:00:37	01:00:57	00:00:41	00:40:29	02:05:20
25	288	Jon	RAWLINGS	Male	40-44	Tri Team Glos	00:21:45	00:00:53	01:01:29	00:00:43	00:40:44	02:05:35
26	244	SHARKIE	JAGGARD	Male	40-44	Thames Valley Triathletes	00:22:41	00:00:51	01:02:13	00:00:48	00:39:24	02:05:59
27	32	GRAHAM	LEITCH	Male	25-29	Fusion Triathlon Club	00:23:54	00:00:43	01:01:44	00:00:44	00:38:52	02:06:00
28	24	CHRIS	SCOTT	Male	20-24	Loughborough Students	00:21:35	00:01:25	01:02:04	00:01:00	00:39:56	02:06:01
29	49	RICHARD	SUMPTER	Male	25-29		00:25:10	00:00:57	01:01:02	00:00:41	00:38:20	02:06:11
30	20	DAN	HALLIDAY	Male	20-24		00:26:46	00:01:17	01:00:25	00:00:45	00:37:26	02:06:40
31	9	LUKE	THOMAS	Male	U20	"brimingham uni	00:19:23	00:00:44	01:05:44	00:00:40	00:40:11	02:06:44
32	7	LUKE	SEAMER	Male	U20	Ceepeo TFN Rt	00:21:47	00:01:00	01:00:49	00:00:46	00:42:37	02:07:01
33	98	PHIL	WESTMORLAND	Male	30-34	Ceepeo TFN Rt	00:21:34	00:00:49	01:03:30	00:00:41	00:40:44	02:07:19
34	76	NICK	CLEMENTS	Male	25-29	Thames Turbo/Sigma Sport	00:23:55	00:00:50	01:01:10	00:00:42	00:40:53	02:07:32
35	42	STEVE	CLARK	Male	25-29	Lincsquad / Humberside Fire Service	00:23:39	00:00:57	01:03:30	00:00:38	00:38:58	02:07:44
36	127	ALYN	MORGAN	Male	30-34	Team Natives.co.uk	00:23:59	00:00:50	01:03:20	00:00:42	00:39:12	02:08:05
37	224	SIMON	HOPPE	Male	35-39	TRI UK	00:24:02	00:01:06	01:02:10	00:00:56	00:39:59	02:08:14

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38	162	STUART	ARCHER	Male	35-39	Ful-On-Tri	00:24:04	00:00:52	01:02:23	00:00:45	00:40:10	02:08:16
39	35	ALEX	HOPSON	Male	25-29		00:26:27	00:00:58	01:01:28	00:00:45	00:38:53	02:08:33
40	138	STEWART	BATES	Male	30-34	TFN Tri Club	00:25:07	00:00:45	01:02:37	00:00:38	00:39:27	02:08:36
41	134	ROSS	CALDER	Male	30-34	Crystal Palace Triathletes	00:23:44	00:00:58	01:02:03	00:00:45	00:41:25	02:08:58
42	90	JAMES	ENDICOTT	Male	30-34	Born2Tri	00:25:26	00:00:48	01:01:40	00:00:41	00:40:40	02:09:17
43	86	JIMMY	MCMAHON	Male	30-34	Ceeppo TFN Rt	00:23:51	00:00:56	01:03:35	00:00:41	00:40:35	02:09:39
44	88	ANTHONY	BELL-SCOTT	Male	30-34	Manx Tri Club	00:26:29	00:00:57	01:01:47	00:00:43	00:40:12	02:10:10
45	223	DAVID	OGG	Male	35-39	G 3 R	00:23:42	00:01:01	01:02:39	00:00:59	00:41:55	02:10:18
46	14	PAUL	CRISFORD	Male	20-24		00:24:39	00:00:58	01:02:52	00:00:43	00:41:08	02:10:22
47	222	PAUL	KNOWLES	Male	35-39	Ful-On-Tri	00:25:59	00:00:55	01:03:46	00:00:40	00:39:39	02:11:01
48	122	PAUL	PERRY	Male	30-34	Thames Turbo	00:26:21	00:01:03	01:04:10	00:00:40	00:38:47	02:11:04
49	199	KEITH	BROWN	Male	35-39	V02 Maximum RT	00:26:41	00:01:23	01:02:19	00:00:46	00:39:54	02:11:04
50	250	CHARLES	ASHWANDEN	Male	40-44	Eton Tri Club	00:26:54	00:00:46	01:01:26	00:01:10	00:40:52	02:11:09
51	170	JOEL	WINTER	Male	35-39	Thames Valley Triathletes	00:21:21	00:00:49	01:04:34	00:00:48	00:43:51	02:11:24
52	279	CHRIS	TAYLOR	Male	40-44	Berkshire Tri Squad	00:26:53	00:00:52	01:02:34	00:00:47	00:40:19	02:11:26
53	324	JEZ	SMEDLEY	Male	50-54	TFN Tri Club	00:25:24	00:00:59	01:03:03	00:00:46	00:41:33	02:11:48
54	429	LUCY	BOWEN	Female	30-34	Thames Turbo Sigma Sport	00:23:24	00:00:57	01:05:47	00:00:56	00:40:44	02:11:51
55	144	STEPHEN	MAVIN	Male	30-34		00:21:02	00:01:04	01:05:19	00:00:53	00:43:45	02:12:05
56	60	MARTIN	GORE	Male	25-29	Edinburgh RC	00:24:53	00:00:42	01:05:35	00:00:44	00:40:15	02:12:10
57	69	RICHARD	LOMAS	Male	25-29	Redditch Triathletes	00:28:53	00:01:21	01:02:47	00:00:50	00:38:20	02:12:14
58	293	HOWARD	WALLER	Male	45-49	Oxford City RC	00:25:22	00:01:27	01:01:09	00:01:06	00:43:16	02:12:21
59	426	TAMSIN	LEWIS	Female	30-34	Sigma Sport	00:23:13	00:01:05	01:04:14	00:00:47	00:43:06	02:12:27
60	168	MATHEW	MCDERMOTT	Male	35-39	Ful-On-Tri	00:23:20	00:01:09	01:04:43	00:01:07	00:42:43	02:13:04
61	54	DAVID	MOULTON	Male	25-29		00:25:29	00:01:05	01:05:27	00:00:44	00:40:23	02:13:09
62	239	CHRIS	NICOLL	Male	40-44	Derby Tri Club	00:26:09	00:01:22	01:04:16	00:00:45	00:40:36	02:13:10
63	109	TIM	LEWIS	Male	30-34	Ful On Tri	00:25:49	00:01:52	01:00:46	00:01:16	00:43:36	02:13:20
64	269	DAVID	MOXHAM	Male	40-44		00:27:20	00:01:06	01:01:52	00:00:49	00:42:19	02:13:27
65	66	DAVID	FOWLER	Male	25-29	Deal Tri	00:23:37	00:01:14	01:03:44	00:01:13	00:43:38	02:13:27
66	273	RICHARD	ASHTON	Male	40-44	Team MK	00:28:42	00:01:36	01:04:37	00:00:48	00:37:51	02:13:36
67	131	HUW	JENKINS	Male	30-34	Cardiff Tri	00:24:16	00:01:04	01:05:51	00:00:48	00:41:38	02:13:40
68	103	PAUL	BARKER	Male	30-34	BRAT	00:24:08	00:01:11	01:02:13	00:00:55	00:45:19	02:13:47
69	192	IAN	LOADES	Male	35-39	Oxford Tri Club	00:27:44	00:00:46	01:02:32	00:00:49	00:41:58	02:13:49
70	197	VINCE	EDWARDS	Male	35-39	carneddau	00:26:28	00:01:22	01:04:50	00:01:06	00:40:04	02:13:53
71	5	BEN	SHAW	Male	30-34	Ful On Tri	00:25:55	00:00:48	01:03:50	00:00:43	00:42:40	02:13:58
72	71	STEFAN	LAWRENCE	Male	25-29	Triathlon Coach.com	00:28:03	00:01:08	01:03:25	00:00:43	00:40:46	02:14:06
73	254	HARVEY	BENNETT	Male	40-44	hemel hempstead cycling club	00:26:32	00:01:03	01:03:34	00:00:46	00:42:13	02:14:10
74	43	ROSS	COONEY	Male	25-29	adwick	00:25:21	00:01:10	01:06:14	00:00:40	00:40:48	02:14:15
75	41	MICHAEL	BOOL	Male	25-29		00:24:28	00:01:16	01:04:50	00:00:41	00:43:11	02:14:28

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76	247	SIMON	KENYON	Male	40-44	Ful-on Tri	00:28:09	00:01:31	01:04:29	00:00:57	00:39:28	02:14:36
77	110	LOGAN	POYURS	Male	30-34		00:23:08	00:01:33	01:05:06	00:00:52	00:44:08	02:14:49
78	33	JONATHAN	STREETER	Male	25-29	Crawley Triathlon Club	00:21:14	00:01:10	01:03:49	00:00:37	00:48:01	02:14:53
79	124	DAVID	BARKER	Male	30-34	Total Racing Int	00:25:25	00:01:14	01:05:31	00:00:49	00:42:00	02:15:01
80	40	PAUL	SPEED	Male	25-29	Manchester Triathlon Club	00:26:50	00:01:22	01:03:13	00:00:35	00:43:02	02:15:03
81	217	ANDREW	MACLAEN	Male	35-39	Cardiff Tri	00:26:34	00:00:58	01:05:04	00:00:46	00:41:40	02:15:04
82	238	GREG	LEWIS	Male	40-44	Walden Tri	00:26:08	00:00:46	01:03:20	00:00:55	00:43:56	02:15:07
83	195	IAN	GOULSON	Male	35-39	tyne tri	00:30:15	00:01:09	01:01:47	00:00:50	00:41:11	02:15:13
84	268	SIMON	GRIFFITHS	Male	40-44		00:22:44	00:00:49	01:07:39	00:00:45	00:43:21	02:15:20
85	17	JON	CLEMAS	Male	20-24	North Dorset Tri / Ride.Bike	00:26:54	00:01:19	01:02:10	00:01:03	00:44:24	02:15:51
86	165	DAN	LOXTON	Male	35-39	RAF Triathlon	00:26:18	00:01:41	01:03:11	00:00:51	00:43:48	02:15:52
87	188	MATTHEW	GALLOP	Male	35-39		00:21:51	00:00:46	01:10:27	00:00:52	00:41:56	02:15:53
88	182	ASHLEY	HOWES	Male	35-39	Larkfield AC	00:26:04	00:01:38	01:07:27	00:00:58	00:39:46	02:15:54
89	161	WILLIAM	KIRK-WILSON	Male	35-39	Warwick University	00:26:15	00:00:38	01:06:39	00:01:10	00:41:40	02:16:25
90	106	PHILIP	CURTIS	Male	30-34	Cambridge Triathlon Club	00:23:43	00:01:08	01:08:33	00:00:57	00:42:03	02:16:26
91	96	RICHARD	THOMAS	Male	30-34	Ful On Tri	00:26:02	00:01:21	01:05:26	00:01:21	00:42:20	02:16:32
92	316	MALCOLM	HUGHES	Male	45-49	Brighton Phoenix	00:26:59	00:00:51	01:05:01	00:00:45	00:43:08	02:16:45
93	401	BECKY	GLOVER	Female	25-29	Serpentine RC	00:24:28	00:01:32	01:10:06	00:01:20	00:39:22	02:16:49
94	191	MATTHEW	BOULD	Male	35-39	wimbledon windmilers	00:24:31	00:01:09	01:07:25	00:00:48	00:43:42	02:17:36
95	453	BONNIE	MORGAN	Female	30-34	Team Natives.co.uk	00:24:35	00:01:04	01:07:25	00:00:52	00:43:41	02:17:38
96	26	PHIL	FISHWICK	Male	20-24	BRAT Club	00:22:55	00:00:55	01:05:03	00:00:46	00:47:58	02:17:38
97	22	WILLIAM	KIRSTEIN	Male	20-24		00:24:22	00:00:55	01:06:53	00:00:50	00:44:36	02:17:39
98	257	PETER	EVANS	Male	40-44	Stratford-upon-Avon AC	00:28:02	00:01:17	01:03:20	00:00:56	00:44:17	02:17:53
99	331	IAN	HUGHES	Male	50-54	Royal Navy	00:24:05	00:00:59	01:08:54	00:00:45	00:43:22	02:18:06
100	343	DAVID	BELL	Male	50-54	TYNE TRIATHLON CLUB	00:27:32	00:01:28	01:04:34	00:00:59	00:43:35	02:18:09
101	206	WILLIAM	SPEAKE	Male	35-39	Derby Tri Club	00:27:58	00:01:18	01:10:40	00:00:51	00:37:27	02:18:15
102	289	NIGEL	GREGORY	Male	45-49	charnwood triathlon club	00:26:01	00:01:25	01:05:51	00:01:03	00:43:58	02:18:20
103	156	Simon	MARSHAL	Male	35-39		00:30:51	00:01:14	01:05:00	00:00:57	00:40:22	02:18:26
104	322	MIKE	ORTON	Male	50-54	hemel hempstead cycling club	00:24:59	00:01:16	01:06:47	00:00:56	00:44:33	02:18:34
105	25	CHRIS	MCMAHON	Male	20-24	Tewkesbury Triathlon Club	00:25:00	00:01:05	01:06:22	00:00:46	00:45:22	02:18:36
106	67	PATRICK	LEES	Male	25-29	Cardiff Triathletes	00:27:12	00:01:17	01:06:21	00:00:55	00:42:56	02:18:43
107	92	SIMON	VAUGHAN	Male	30-34	Farnham Tri	00:25:57	00:01:01	01:06:38	00:01:00	00:44:08	02:18:45
108	253	RODDY	GOSDEN	Male	40-44	Tewkesbury Triathlon Club	00:26:17	00:01:11	01:04:40	00:00:54	00:45:41	02:18:45
109	203	JONATHAN	BRITTON	Male	35-39	Warrington Tri Club	00:25:05	00:00:47	01:08:35	00:00:47	00:43:33	02:18:48
110	74	DONAL	HARTE	Male	25-29		00:21:45	00:01:30	01:08:09	00:00:55	00:46:28	02:18:48
111	21	CHRISTOPHE	DEMOULIN	Male	20-24	EUtri'd	00:27:04	00:01:36	01:06:56	00:00:55	00:42:24	02:18:57
112	135	CONOR	DONNELLY	Male	30-34	TFN Tri Club	00:23:17	00:00:46	01:09:27	00:00:45	00:44:50	02:19:06
113	263	PAUL	SWINDALE	Male	40-44	Manx Tri Club	00:25:45	00:01:11	01:06:32	00:00:48	00:44:54	02:19:12

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114	359	GRAHAM	PLEWS	Male	55-59	Calderdale Triathlon Club	00:29:03	00:01:08	01:05:12	00:00:51	00:42:58	02:19:15
115	171	NIGEL	ELSON	Male	35-39	mvh	00:26:07	00:01:29	01:09:20	00:00:49	00:41:38	02:19:24
116	139	STEPHEN	TITMARSH	Male	30-34	BRAT Club	00:28:19	00:01:13	01:04:42	00:00:55	00:44:25	02:19:37
117	115	GAVIN	PARSONS	Male	30-34	Driven to Tri			01:09:09	00:01:18	00:41:04	02:19:47
118	282	HAYDN	JONES	Male	40-44	Farnham Tri	00:23:21	00:00:52	01:09:41	00:00:52	00:45:05	02:19:53
119	255	CARL	BULLINGHAM	Male	40-44	BRAT Club	00:26:00	00:01:15	01:02:46	00:01:01	00:49:25	02:20:29
120	464	KAREN	HATHWAY	Female	35-39	Badtri/fred baker	00:23:53	00:01:03	01:08:12	00:00:55	00:46:28	02:20:32
121	414	ABEY	LAWRENCE	Female	25-29	"White Rose Triathletes	00:24:51	00:01:19	01:11:27	00:01:43	00:41:22	02:20:43
122	296	JOHN	LONGMUIR	Male	45-49	Tri Team Glos	00:29:09	00:00:54	01:07:16	00:00:44	00:42:41	02:20:46
123	149	JAMES	WOODWARD	Male	30-34	Chichester Westgate Tri Club	00:30:26	00:01:04	01:05:05	00:00:56	00:43:19	02:20:51
124	260	ROBERT	BAKER	Male	40-44	Greenwich Tritons	00:26:49	00:01:07	01:02:24	00:00:47	00:49:57	02:21:06
125	472	SHONA	GIRDWOOD	Female	35-39	fusion	00:23:30	00:01:03	01:08:26	00:00:47	00:47:23	02:21:10
126	415	JESSICA	PARRY-WILLIAMS	Female	25-29	Cardiff Triathletes	00:26:23	00:01:03	01:11:53	00:00:50	00:41:05	02:21:16
127	438	LOUISE	ELLIOTT	Female	30-34	Army Tri	00:22:44	00:00:54	01:11:03	00:01:07	00:45:35	02:21:25
128	261	JIM	HARNESS	Male	40-44	7 Oaks Tri	00:28:24	00:01:31	01:07:13	00:01:04	00:43:20	02:21:34
129	278	GLENN	PALMER	Male	40-44	Sheffield Tri	00:28:56	00:01:32	01:06:34	00:00:55	00:43:35	02:21:34
130	392	KATE	EVERLEY	Female	20-24		00:25:08	00:01:06	01:10:35	00:00:49	00:44:02	02:21:41
131	276	MIKE	COOPER	Male	40-44	Chichester Westgate Tri Club	00:29:38	00:01:29	01:05:47	00:01:07	00:44:02	02:22:05
132	34	JASON	DAVIS	Male	25-29	Chichester Westgate Triathlon Club	00:27:11	00:01:21	01:05:39	00:00:55	00:47:10	02:22:18
133	267	DAVID	ZIMMER	Male	40-44		00:28:43	00:01:01	01:09:23	00:00:41	00:42:33	02:22:23
134	417	ELIZABETH	HUTSON	Female	25-29	TRI UK	00:27:07	00:00:56	01:09:37	00:00:43	00:44:07	02:22:32
135	169	RICHARD	POWELL	Male	35-39	Sheffield tri Club	00:27:42	00:01:29	01:07:39	00:00:55	00:44:47	02:22:34
136	318	SHAUN	COLGAN	Male	45-49		00:25:27	00:01:23	01:06:46	00:00:51	00:48:07	02:22:36
137	174	RICHARD	BERRIMAN	Male	35-39	tewkesbury tri club	00:27:43	00:01:09	01:05:55	00:01:21	00:46:27	02:22:36
138	270	GRAEME	COX	Male	40-44	Edinburgh Triathletes	00:26:18	00:01:15	01:06:06	00:01:00	00:48:12	02:22:53
139	320	IAN	IMESON	Male	45-49		00:27:37	00:01:02	01:09:57	00:00:55	00:43:21	02:22:54
140	330	DEAN	HARDIE	Male	50-54	Celtic Tri	00:30:55	00:01:02	01:06:13	00:00:44	00:44:00	02:22:56
141	248	PETER	NESS	Male	40-44	Edinburgh Road Club	00:27:46	00:00:58	01:08:08	00:00:47	00:45:16	02:22:57
142	36	JOE	TURNER	Male	25-29	Ful-on Tri	00:27:13	00:01:10	01:08:28	00:00:50	00:45:18	02:23:01
143	13	JOHNATHAN	ROBSON	Male	20-24	Total Racing International	00:30:06	00:01:08	01:04:41	00:00:58	00:46:10	02:23:05
144	97	TIM	CLARKE	Male	30-34	TFN Tri Club	00:27:18	00:00:52	01:06:59	00:00:59	00:46:59	02:23:09
145	175	DAN	SULLIVAN	Male	35-39	Tri London	00:27:21	00:00:55	01:08:24	00:00:46	00:45:42	02:23:10
146	210	GAVIN	WRIGHT	Male	35-39	Team SGR	00:29:57	00:01:34	01:04:27	00:01:00	00:46:24	02:23:23
147	303	SIMON	CARTWRIGHT	Male	45-49	Big Sky Tri	00:30:09	00:00:59	01:07:53	00:01:12	00:43:13	02:23:28
148	231	ALAN	HARRIS	Male	40-44	Eton Tri Club	00:29:37	00:01:15	01:08:21	00:00:50	00:43:28	02:23:33
149	510	PENNY	ROTHER	Female	50-54	Edinburgh Road Clib	00:24:47	00:01:16	01:10:22	00:00:57	00:46:14	02:23:37
150	285	STEPHEN	HASLER	Male	40-44	Chichester Westgate Triathlon Club	00:29:41	00:01:30	01:07:52	00:00:52	00:43:43	02:23:41
151	407	RUTH	JONES	Female	25-29		00:23:06	00:01:14	01:12:00	00:01:41	00:45:41	02:23:44

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152	301	DARRELL	ROBINS	Male	45-49	TVT	00:26:29	00:01:56	01:07:21	00:00:52	00:47:26	02:24:05
153	325	STUART	COLLINS	Male	50-54	Somerset RC Tri	00:27:01	00:00:51	01:10:24	00:00:45	00:45:07	02:24:10
154	428	FREDERIQUE	SUMPTION	Female	30-34	Greenwich Tritons	00:28:08	00:00:52	01:10:09	00:00:45	00:44:16	02:24:11
155	433	KAREN	HALLAS	Female	30-34	leeds bradford triathlon club	00:28:43	00:00:57	01:12:18	00:00:53	00:41:18	02:24:12
156	201	TOBY	COLE	Male	35-39		00:27:47	00:01:15	01:09:44	00:00:46	00:44:45	02:24:19
157	332	NICHOLAS	FARNELL	Male	50-54	Ludlow tri club	00:30:30	00:01:02	01:06:30	00:00:51	00:45:26	02:24:21
158	388	NICOLE	WALTERS	Female	20-24	"Meynal Valley Hunters	00:22:49	00:01:07	01:12:36	00:00:53	00:46:56	02:24:22
159	84	GRANT	HARRIS	Male	30-34	Z Tri Cluc	00:27:42	00:01:12	01:09:44	00:00:46	00:44:58	02:24:24
160	132	DEREK	SANSOM	Male	30-34		00:22:33	00:01:16	01:14:09	00:01:10	00:45:14	02:24:24
161	245	TONY	HOPKINS	Male	40-44		00:29:49	00:01:45	01:07:28	00:00:55	00:44:27	02:24:26
162	292	RICHARD	LEWEY	Male	45-49	Crystal Palace Triathletes	00:29:28	00:01:42	01:07:45	00:01:08	00:44:30	02:24:35
163	476	CATHERINE	LIVERSIDGE	Female	40-44	TeamDillon	00:24:42	00:01:14	01:11:45	00:01:12	00:45:46	02:24:41
164	2	Rich	PIGOTT	Male	30-34	Ful-on Tri	00:28:34	00:01:35	01:10:20	00:00:53	00:43:24	02:24:47
165	340	RICHARD	DUNBABIN	Male	50-54	Oxford Tri Club	00:27:00	00:01:03	01:10:43	00:00:58	00:45:03	02:24:49
166	457	MARY	CAMPBELL	Female	30-34	Chichester Westgate Triathlon Club	00:27:48	00:00:45	01:08:50	00:00:53	00:46:36	02:24:54
167	446	SOPHIA	REES	Female	30-34	Chester Tri	00:25:49	00:01:15	01:08:08	00:01:15	00:48:26	02:24:56
168	256	QUENTIN	JONES	Male	40-44	wimbledon windmilers	00:28:49	00:01:41	01:07:01	00:01:07	00:46:30	02:25:11
169	220	MATTHEW	LYNESS	Male	35-39	west mids fire service	00:25:06	00:00:49	01:07:51	00:01:11	00:50:20	02:25:18
170	271	DEAN	RATCLIFFE	Male	40-44		00:26:12	00:01:52	01:05:47	00:01:02	00:50:34	02:25:29
171	304	NEIL	BEARD	Male	45-49	SBR Racing - Windsor	00:25:21	00:00:58	01:08:06	00:01:43	00:49:21	02:25:31
172	48	JONATHAN	MITCHELL	Male	25-29	LBT	00:24:58	00:01:19	01:09:23	00:00:59	00:48:55	02:25:36
173	150	MATTHEW	HEMSLEY	Male	30-34	TFN Tri Club	00:29:20	00:01:37	01:09:33	00:00:57	00:44:10	02:25:40
174	283	DAVID	HALL	Male	40-44	Tri-Hall by Ordeal	00:27:57	00:02:11	01:09:51	00:01:10	00:44:34	02:25:45
175	189	MARK	PRESTON	Male	35-39	Velo Club Lincoln	00:31:38	00:00:43	01:08:14	00:00:43	00:44:29	02:25:48
176	395	NICOLA	THRELFALL	Female	20-24	Driven to Tri / TVT	00:24:53	00:01:10	01:13:11	00:00:53	00:45:42	02:25:51
177	118	ADAM	PEARSON	Male	30-34	n/a	00:30:00	00:01:15	01:06:46	00:01:18	00:46:41	02:26:02
178	148	JOHN	ASHLEY	Male	30-34		00:29:30	00:02:32	01:11:00	00:01:34	00:41:28	02:26:07
179	232	CHRIS	JACKETTS	Male	40-44		00:33:40	00:01:14	01:05:32	00:00:32	00:45:10	02:26:10
180	194	TOBY	SMITHSON	Male	35-39		00:28:45	00:01:02	01:10:45	00:00:47	00:45:08	02:26:29
181	252	PETE	RUSSELL	Male	40-44	CAMBRIDGE TRI	00:25:22	00:00:53	01:11:36	00:00:45	00:47:54	02:26:31
182	440	FAY	CRIPPS	Female	30-34		00:29:03	00:00:54	01:10:54	00:00:50	00:45:21	02:27:04
183	68	MILES	RICKELTON	Male	25-29	Tyne & Wear Fire & Rescue	00:28:05	00:02:07	01:10:54	00:00:57	00:45:09	02:27:14
184	398	JULIA	WARNER	Female	25-29	Cardiff Triathletes	00:27:53	00:01:05	01:10:08	00:00:48	00:47:22	02:27:19
185	79	MARK	ANSLEY-WATSON	Male	30-34	Berkshire Tri Squad	00:29:52	00:00:57	01:07:25	00:00:53	00:48:18	02:27:27
186	460	SIAN	TOVEY	Female	35-39	G3R / fusion-coaching.co.uk	00:29:05	00:01:04	01:08:46	00:00:57	00:47:39	02:27:33
187	338	MIKE	WHITWORTH	Male	50-54	Oxford Tri	00:23:50	00:01:03	01:10:13	00:01:51	00:50:40	02:27:39
188	291	COLLIN	FRANKLIN	Male	45-49		00:28:16	00:01:40	01:11:45	00:01:00	00:44:59	02:27:42
189	444	TSUMI	SMITH	Female	30-34		00:26:36	00:01:10	01:12:29	00:01:04	00:46:20	02:27:42

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190	113	BRAD	WILSON	Male	30-34		00:29:38	00:01:42	01:06:35	00:00:57	00:48:58	02:27:52
191	308	MARK	FOWELL	Male	45-49		00:31:58	00:02:20	01:10:35	00:01:31	00:41:29	02:27:56
192	474	MICHELLE	ASKEY	Female	40-44		00:28:22	00:00:50	01:09:46	00:00:55	00:48:09	02:28:03
193	157	NIGEL	BOND	Male	35-39		00:25:49	00:01:28	01:11:25	00:01:15	00:48:10	02:28:08
194	104	ASH	WOODCOCK	Male	30-34		00:24:57	00:01:02	01:16:18	00:00:54	00:44:56	02:28:08
195	436	LIZ	TAPPER	Female	30-34	VALE OF AYLESBURY A.C	00:26:25	00:02:11	01:15:15	00:01:03	00:43:15	02:28:12
196	485	SARAH	CHALONER	Female	40-44	North Dorset Tri Club	00:29:04	00:01:04	01:13:21	00:00:50	00:44:07	02:28:26
197	114	JAMES	CULLEY	Male	30-34		00:26:58	00:02:11	01:10:01	00:01:36	00:47:50	02:28:37
198	294	SIMON	PERKINS	Male	45-49	Tri Force	00:28:36	00:01:06	01:10:15	00:01:01	00:47:43	02:28:44
199	394	MHAIRI	MUIR	Female	20-24	Royal Navy Triathlon	00:25:47	00:00:53	01:14:55	00:00:44	00:46:26	02:28:47
200	46	GARETH	WAYMARK	Male	25-29	Chichester Westgate Tri Club	00:33:12	00:01:41	01:07:05	00:01:01	00:45:54	02:28:55
201	128	KRISTIAN	MORGAN	Male	30-34		00:32:04	00:02:07	01:10:37	00:01:18	00:43:01	02:29:09
202	463	HEATHER	BOOTH	Female	35-39	Plymouth Tri Club	00:28:02	00:01:26	01:11:55	00:00:58	00:46:55	02:29:17
203	129	MATT	COWING	Male	30-34	Team Cherwell	00:28:38	00:01:04	01:09:41	00:00:56	00:49:06	02:29:27
204	486	DEBBIE	COOKE	Female	40-44	Pencoed Tri	00:28:25	00:01:37	01:12:53	00:00:55	00:45:46	02:29:37
205	390	KATIE	SILKE	Female	20-24	coventry triathletes	00:24:03	00:01:00	01:16:02	00:00:54	00:47:39	02:29:40
206	448	ANDREA	LEEDALE	Female	30-34	TVT	00:28:29	00:01:29	01:12:36	00:00:57	00:46:15	02:29:48
207	356	JON	GREENWOOD	Male	55-59	BAD Tri / Fred Baker Cycles	00:28:44	00:01:20	01:11:28	00:01:04	00:47:10	02:29:48
208	80	STEPHEN	ORPIN	Male	30-34	Team Dillon	00:29:36	00:01:00	01:10:47	00:01:00	00:47:29	02:29:55
209	350	MICHAEL	LISLE	Male	55-59	Merseytri	00:25:48	00:01:41	01:11:30	00:01:02	00:49:52	02:29:55
210	508	JANE	BELL	Female	50-54	Oxford Tri	00:27:10	00:01:43	01:13:08	00:01:18	00:46:43	02:30:03
211	514	ANN-MARIE	BATHMAKER	Female	50-54	BRAT Club	00:30:00	00:01:31	01:08:52	00:01:07	00:48:32	02:30:04
212	449	JOSEPHINE	PERRY	Female	30-34	Thames Turbo	00:29:00	00:01:11	01:10:34	00:00:48	00:48:33	02:30:08
213	513	ALISON	SHEPHERD	Female	50-54	Dark Peak Fell Runners	00:28:59	00:01:06	01:13:03	00:01:05	00:46:06	02:30:21
214	299	MARK	PROUT	Male	45-49	RAF Tri	00:29:24	00:00:58	01:10:56	00:01:04	00:48:06	02:30:30
215	123	DAVID	KINSHOTT	Male	30-34	TFN	00:29:15	00:01:52	01:12:32	00:01:11	00:45:47	02:30:39
216	277	MARK	HOWE	Male	40-44	Worcester Tri	00:31:14	00:01:04	01:09:25	00:01:38	00:47:22	02:30:46
217	75	TOM	PATRICK	Male	25-29		00:25:43	00:02:30	01:09:32	00:00:57	00:52:01	02:30:46
218	364	PHILIP	MULLINS	Male	60-64	Wakefield Triathlon Club	00:30:28	00:01:19	01:11:54	00:01:04	00:46:18	02:31:04
219	405	ANNABEL	GATES	Female	25-29		00:28:22	00:01:01	01:11:29	00:00:52	00:49:19	02:31:04
220	450	LINDSEY	SHERRING	Female	30-34		00:27:04	00:01:26	01:12:58	00:00:58	00:48:40	02:31:07
221	275	STUART	TURNER	Male	40-44	stafford tri	00:29:26	00:01:04	01:11:37	00:00:57	00:48:04	02:31:09
222	495	JULIE	LAMBOURNE	Female	45-49	TFN Tri Club	00:29:35	00:00:57	01:11:19	00:01:03	00:48:21	02:31:17
223	306	TIM	PEPPER	Male	45-49	Burntwood Tri Club	00:27:36	00:01:12	01:10:35	00:00:57	00:50:58	02:31:19
224	287	STEVE	YOUNG	Male	40-44	Bedford Traktors	00:28:57	00:01:35	01:08:17	00:01:02	00:51:38	02:31:30
225	265	RICHARD	NIXON	Male	40-44		00:25:28	00:01:02	01:12:40	00:00:57	00:51:24	02:31:32
226	183	PETER	KEIGHLEY	Male	35-39	Cheltenham Tri Club	00:27:27	00:01:00	01:12:33	00:01:15	00:49:36	02:31:53
227	345	HAYDN	WHITMORE	Male	50-54	Crystal Palace Triathletes	00:30:54	00:01:11	01:11:30	00:00:58	00:47:32	02:32:06

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228	235	THOMAS	BENNETT	Male	40-44	BRAT	00:31:23	00:01:15	01:11:20	00:01:11	00:47:01	02:32:12
229	492	WENDY	LOCKWOOD	Female	45-49	Haslemere Border A.C.	00:27:03	00:01:26	01:15:26	00:01:04	00:47:14	02:32:15
230	133	MARK	HUGHES	Male	30-34	tewkesbury tri club	00:28:41	00:02:46	01:15:08	00:01:57	00:43:42	02:32:16
231	314	JIM	KERSEY	Male	45-49	Charnwood Tri	00:26:03	00:01:28	01:16:11	00:00:59	00:48:05	02:32:48
232	28	KIERON	FORD	Male	25-29	Leicester Tri Club	00:25:35	00:02:53	01:14:05	00:01:23	00:48:58	02:32:55
233	515	BEVERLEY	CHILDS	Female	50-54	RAF Triathlon	00:28:36	00:01:05	01:13:10	00:01:10	00:48:53	02:32:57
234	481	LORRAINE	AYRES	Female	40-44	Somerset RC Tri	00:28:21	00:01:12	01:14:14	00:00:57	00:48:17	02:33:02
235	272	KEVIN	ROGERSON	Male	40-44	Barracuda Tri	00:31:20	00:01:16	01:15:16	00:01:07	00:44:02	02:33:02
236	62	PEJ	NIKOUFEKR	Male	25-29	Royal Navy Triathlon	00:33:52	00:01:45	01:12:18	00:00:51	00:44:26	02:33:14
237	499	ANN	PENDRED	Female	45-49	Z Triathlon Epsom	00:29:14	00:00:53	01:15:54	00:00:58	00:46:18	02:33:19
238	484	KIM	CLARKE	Female	40-44		00:29:20	00:01:10	01:14:49	00:01:02	00:47:03	02:33:26
239	334	MATTHEW	CAPP	Male	50-54	Jetstream Tri	00:28:37	00:01:00	01:15:38	00:00:49	00:47:24	02:33:31
240	219	RICHARD	BUNDOCK	Male	35-39		00:28:57	00:01:14	01:10:58	00:01:15	00:51:16	02:33:42
241	72	TOM	KIRK	Male	25-29	Northants Tri	00:30:42	00:01:19	01:12:42	00:00:56	00:48:06	02:33:48
242	295	SEAN	POULTER	Male	45-49	Adwick Tri	00:30:57	00:01:32	01:11:16	00:01:02	00:49:07	02:33:56
243	437	KIRSTEN	SINCLAIR	Female	30-34	Edinburgh Triathletes	00:29:39	00:01:18	01:14:48	00:00:54	00:47:47	02:34:27
244	280	NEIL	BARNES	Male	40-44	Crystal Palace Triathletes	00:29:50	00:01:19	01:11:10	00:01:07	00:51:07	02:34:35
245	55	JONATHAN	MILLS	Male	25-29	Tri London	00:26:47	00:01:10	01:10:50	00:01:04	00:54:42	02:34:36
246	50	IAN	JONES	Male	25-29	Reynolds Tri Team	00:26:06	00:02:39	01:14:51	00:00:58	00:50:07	02:34:43
247	418	JESSICA	ROBERTSON	Female	25-29		00:26:27	00:01:16	01:14:15	00:00:52	00:52:36	02:35:28
248	396	CORINNE	CLARK	Female	25-29	Village Health Club	00:27:34	00:01:06	01:14:40	00:00:48	00:51:25	02:35:35
249	178	DAMIAN	QUINN	Male	35-39	Walden Tri / Army	00:26:08	00:01:15	01:19:19	00:00:46	00:48:04	02:35:35
250	494	KAREN	DONNOR	Female	45-49		00:29:01	00:01:42	01:14:30	00:01:02	00:49:26	02:35:44
251	264	ANDREW	MUCKLESTONE	Male	40-44	TFN Tri Club	00:35:12	00:02:16	01:08:34	00:01:00	00:48:51	02:35:54
252	419	GEMMA	SARGENT	Female	25-29	FVS TRI	00:33:13	00:00:50	01:15:09	00:00:56	00:45:47	02:35:57
253	126	DAVID	TOWEY	Male	30-34		00:32:01	00:01:21	01:12:34	00:01:10	00:48:55	02:36:02
254	409	CARRINE	GREEN	Female	25-29	NYP Tri	00:24:01	00:00:58	01:13:58	00:00:50	00:56:22	02:36:12
255	31	THOMAS	UPTON	Male	25-29		00:36:17	00:02:32	01:20:23	00:01:33	00:35:27	02:36:13
256	51	ALASTAIR	LUXFORD	Male	25-29		00:29:37	00:01:28	01:10:40	00:01:29	00:53:08	02:36:24
257	237	EDWARD	BAKER	Male	40-44		00:28:25	00:02:01	01:13:57	00:01:22	00:50:42	02:36:29
258	281	SPENCER	LYNN	Male	40-44		00:31:48	00:01:31	01:13:25	00:01:05	00:49:05	02:36:55
259	337	STEVE	BAILEY	Male	50-54	Salisbury Tri Club	00:26:00	00:01:26	01:11:05	00:01:16	00:57:17	02:37:06
260	497	KATH	BLAKEY	Female	45-49	Cleveland Triathlon Club	00:26:51	00:01:29	01:15:37	00:01:06	00:52:04	02:37:08
261	400	SAMANTHA	STEWART	Female	25-29	"RAF Tri	00:25:12	00:01:43	01:19:43	00:01:24	00:49:22	02:37:25
262	358	CHRIS	JORDAN	Male	55-59	PACTRAC	00:27:10	00:01:06	01:12:51	00:00:58	00:55:25	02:37:32
263	61	BRENDAN	LANGHEIM	Male	25-29		00:28:46	00:03:03	01:12:22	00:01:49	00:51:43	02:37:45
264	173	PHILIP	TSANG	Male	35-39	East London Triathletes	00:27:56	00:01:41	01:16:46	00:01:07	00:50:16	02:37:46
265	365	MIKE	PEPPER	Male	60-64	Padarn Tri	00:26:42	00:01:18	01:15:58	00:01:02	00:52:59	02:38:01

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266	459	LISA	ABREY	Female	35-39		00:32:22	00:01:51	01:10:49	00:02:01	00:50:56	02:38:01
267	341	ROLAND	SHAW	Male	50-54	Tri Anglia	00:32:17	00:01:06	01:13:56	00:01:04	00:49:40	02:38:05
268	402	Victoria	BURROWS-BILTON	Female	25-29	Wakefield Triathlon Club	00:26:30	00:00:55	01:19:43	00:01:30	00:49:27	02:38:07
269	441	EMMA	MCDERMOTT	Female	30-34	Oxford Tri	00:29:34	00:01:07	01:14:39	00:01:00	00:51:55	02:38:17
270	349	BARRIE	SLEE	Male	55-59	Exeter Tri	00:33:35	00:01:42	01:11:31	00:01:01	00:50:37	02:38:28
271	371	ANDREW	CUNNELL	Male	60-64	Redditch Triathletes	00:33:58	00:01:29	01:09:25	00:01:02	00:53:00	02:38:56
272	480	LOUISE	BAKER	Female	40-44	Ludlow tri club	00:28:48	00:01:35	01:11:32	00:01:06	00:55:55	02:38:58
273	447	ELSIE	ROBERTS	Female	30-34	TFN Tri Club	00:31:36	00:02:22	01:16:13	00:01:29	00:47:16	02:38:58
274	221	DARRYL	BROCK	Male	35-39		00:29:36	00:02:41	01:16:08	00:01:25	00:49:10	02:39:02
275	344	MIKE	HIRST	Male	50-54	Team Cherwell	00:30:03	00:01:59	01:13:44	00:01:39	00:52:04	02:39:31
276	403	ELIZABETH	BURROWS	Female	25-29	Wakefield Triathlon Club	00:26:30	00:01:07	01:15:38	00:01:07	00:55:18	02:39:41
277	493	LINDA	WHITELEGG	Female	45-49	1485 Tri Club	00:30:11	00:01:09	01:15:49	00:01:15	00:51:23	02:39:49
278	483	JACKIE	GREENWAY	Female	40-44	meynell valley hunters	00:32:49	00:01:28	01:13:39	00:01:28	00:50:28	02:39:54
279	93	NIGEL	CAIN	Male	30-34		00:34:27	00:02:31	01:15:54	00:01:34	00:45:31	02:40:00
280	140	PETER	RYAN	Male	30-34	FVS TRI	00:29:46	00:01:36	01:18:13	00:01:15	00:49:13	02:40:05
281	116	STEPHEN	MCGEOWN	Male	30-34	Farnham Tri	00:31:56	00:02:04	01:13:11	00:01:14	00:51:45	02:40:12
282	310	KRIS	WALKUSKI	Male	45-49	Charnwood Tri	00:30:36	00:02:29	01:15:04	00:00:43	00:51:19	02:40:14
283	355	DAVE	WORTHINGTON	Male	55-59	City of Lancaster Triathlon	00:31:21	00:01:22	01:15:03	00:01:22	00:51:13	02:40:23
284	500	JOANNE	BAILEY	Female	45-49	Salisbury Tri Club	00:29:52	00:02:06	01:17:03	00:01:46	00:49:39	02:40:28
285	185	JUSTIN	HATTEE	Male	35-39		00:29:16	00:00:58	01:11:40	00:01:37	00:56:58	02:40:30
286	130	JON	MARCHANT	Male	30-34		00:29:27	00:02:21	01:18:42	00:01:16	00:48:48	02:40:35
287	490	MARIA	PROUT	Female	40-44	RAF Tri	00:30:19	00:01:03	01:16:06	00:01:04	00:52:11	02:40:45
288	465	HELEN	CASSIDY	Female	35-39	Cardiff Tri	00:25:09	00:01:12	01:17:32	00:01:03	00:56:00	02:40:58
289	375	BILL	SHACKCLOTH	Male	65-69	Hogweed Trotters Tri Club	00:31:16	00:01:22	01:13:52	00:01:04	00:53:24	02:41:00
290	158	GERAINT	ROWLANDS	Male	35-39		00:35:05	00:01:48	01:15:28	00:01:13	00:47:32	02:41:08
291	422	NATALIE	TRUBRIDGE	Female	30-34	BAD Tri / Fred Baker	00:29:16	00:01:18	01:14:11	00:00:52	00:55:46	02:41:24
292	274	LOGAN	TWEEDIE	Male	40-44		00:25:56	00:02:28	01:18:20	00:01:14	00:53:36	02:41:36
293	458	MELANIE	NICHOLLS	Female	30-34	Avon Valley Runners	00:28:01	00:01:30	01:23:22	00:01:16	00:47:28	02:41:39
294	335	JEFF	OUTHWAITE	Male	50-54	Wakefield Tri	00:37:28	00:01:31	01:11:40	00:00:59	00:50:17	02:41:57
295	242	RICHARD	EVANS	Male	40-44		00:32:39	00:02:09	01:14:47	00:01:16	00:51:05	02:41:58
296	386	SARA	ROGGER	Female	30-34		00:29:24	00:01:13	01:20:07	00:02:17	00:48:59	02:42:01
297	501	TAMAR	COLEMAN	Female	45-49	Bodyworks XTC	00:29:27	00:01:28	01:17:09	00:01:11	00:52:52	02:42:09
298	432	ALISON	PICKARD	Female	30-34	Sheffield tri Club	00:28:59	00:01:09	01:18:42	00:01:05	00:52:14	02:42:10
299	112	MARK	HOAD	Male	30-34		00:33:25	00:01:34	01:16:09	00:00:56	00:50:17	02:42:23
300	427	NICOLA	VAUGHAN	Female	30-34	Farnham Tri	00:33:26	00:01:15	01:18:18	00:01:14	00:48:09	02:42:24
301	389	SAMANTHA	WILSON	Female	20-24	Army	00:23:43	00:01:04	01:17:46	00:01:02	00:58:54	02:42:30
302	215	IAN	GROGAN	Male	35-39	RAF Triathlon	00:34:28	00:01:52	01:15:08	00:01:00	00:50:01	02:42:31
303	317	DAVE	FISHER	Male	45-49		00:28:30	00:01:49	01:16:44	00:01:46	00:53:54	02:42:45

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304	421	CARINA	ROBINSON	Female	25-29		00:27:57	00:02:15	01:22:37	00:01:24	00:48:33	02:42:48
305	120	JAMES	GARMAN	Male	30-34	Tri Force	00:32:29	00:01:20	01:16:32	00:00:52	00:51:36	02:42:50
306	347	MALCOLM	FROST	Male	50-54		00:32:51	00:01:45	01:14:41	00:01:12	00:52:23	02:42:53
307	57	KEVIN	CURRELL	Male	25-29	Charnwood Triathlon	00:33:57	00:02:09	01:15:01	00:02:07	00:49:49	02:43:05
308	141	LEON	WONG	Male	30-34	East London Triathletes	00:30:09	00:02:16	01:17:48	00:01:09	00:51:47	02:43:11
309	408	JENNY	HILL	Female	25-29	BRAT Club	00:32:46	00:01:31	01:15:30	00:01:00	00:52:29	02:43:18
310	70	ALEX	JONES	Male	25-29		00:32:12	00:02:29	01:17:29	00:00:57	00:50:16	02:43:24
311	146	PAUL	WEALL	Male	30-34	wigan phoenix	00:37:59	00:01:37	01:18:32	00:02:07	00:43:32	02:43:48
312	228	DARRON	CROOKES	Male	40-44		00:33:54	00:02:15	01:17:36	00:01:38	00:48:37	02:44:02
313	108	PAUL	HOLMES	Male	30-34	Bedford Harriers AC	00:38:19	00:01:57	01:13:49	00:01:16	00:48:53	02:44:15
314	412	NAOMI	WOODLAND	Female	25-29		00:31:47	00:01:10	01:17:00	00:01:09	00:53:14	02:44:22
315	136	MARK	PADLEY	Male	30-34	Barracua Triathlon Club	00:27:29	00:01:45	01:24:35	00:01:09	00:49:26	02:44:26
316	348	DAVID	SAMWAYS	Male	55-59	TSV Bornhoeved Germany	00:33:39	00:01:41	01:14:50	00:01:18	00:53:03	02:44:32
317	423	LEISL	PACKER	Female	30-34	Ful-on Tri	00:29:47	00:01:07	01:17:34	00:01:40	00:54:23	02:44:32
318	105	OLIVER	GREGORY	Male	30-34	Team Cherwell	00:32:01	00:01:41	01:12:29	00:01:14	00:57:17	02:44:42
319	404	ANNA	HATTON	Female	25-29	Cleveland Tri Club	00:37:18	00:02:55	01:16:34	00:01:26	00:46:34	02:44:49
320	442	HELEN	FLINT	Female	30-34	TFN Tri Club	00:30:40	00:01:34	01:22:04	00:01:03	00:49:28	02:44:50
321	397	NATALIE	CHANDLER	Female	25-29	TFN	00:27:44	00:01:59	01:19:53	00:01:07	00:54:18	02:45:02
322	23	PAUL	KAVANAGH	Male	20-24		00:37:15	00:02:06	01:15:39	00:01:26	00:48:35	02:45:03
323	186	MARC	BOLTON	Male	35-39	MET POLICE TRI	00:34:54	00:01:33	01:17:54	00:01:03	00:49:45	02:45:10
324	454	CORINA	LUNN	Female	30-34		00:29:17	00:01:21	01:19:52	00:01:04	00:53:35	02:45:11
325	521	Corina	ATKINSON	Female	40-44		00:31:55	00:01:44	01:17:10	00:01:06	00:53:18	02:45:14
326	374	VERNON	THOMAS	Male	65-69	Greenwich Tritons	00:35:12	00:01:26	01:10:14	00:01:18	00:57:08	02:45:20
327	16	SAMUEL	MULLENGER	Male	20-24		00:32:16	00:01:02	01:18:04	00:01:00	00:52:56	02:45:20
328	1	Christopher	PERKIN	Male	30-34							02:45:36
329	176	SEAN	CONWAY	Male	35-39	Rugby Triathlon Club	00:30:03	00:01:45	01:19:46	00:01:21	00:52:49	02:45:46
330	160	BRYN	EDWARDS	Male	35-39		00:27:23	00:02:05	01:17:33	00:01:46	00:57:25	02:46:15
331	339	GRAHAM	PENDRED	Male	50-54	Z Triathlon Epsom	00:32:29	00:01:09	01:13:29	00:01:05	00:58:08	02:46:22
332	368	JOHN	HARTSHORN	Male	60-64	Charnwood Triathlon	00:30:44	00:02:15	01:18:38	00:01:13	00:53:39	02:46:30
333	357	IVAN	NEWMAN	Male	55-59	Trisport Epping	00:28:51	00:01:47	01:13:38	00:01:11	01:01:10	02:46:38
334	416	CLAIRE	HESTER	Female	25-29	Thames Valley Triathletes	00:30:15	00:01:48	01:15:29	00:01:26	00:57:39	02:46:39
335	44	PHILLIP	PRATT	Male	25-29		00:28:45	00:02:19	01:26:51	00:01:43	00:47:29	02:47:08
336	469	MEL	RYDING	Female	35-39	Northants Tri	00:27:56	00:01:17	01:16:42	00:00:52	01:01:03	02:47:51
337	30	BEN	CHARITY	Male	25-29		00:32:06	00:02:17	01:14:55	00:01:03	00:57:33	02:47:55
338	502	DEBORAH	EVERS	Female	45-49	Brighton Phoenix	00:29:48	00:01:48	01:20:03	00:01:08	00:55:18	02:48:08
339	200	ANDREW	TRAMASEUR	Male	35-39	Leicester Tri Club	00:35:33	00:02:04	01:21:58	00:01:15	00:47:20	02:48:12
340	259	MARK	LANSBURY	Male	40-44		00:37:08	00:02:28	01:14:05	00:01:27	00:53:17	02:48:26
341	243	ANDREW	STANDEN	Male	40-44	Farnham Tri	00:31:18	00:00:56	01:13:31	00:00:53	01:02:12	02:48:51

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342	164	STUART	GOLD	Male	35-39		00:29:20	00:02:30	01:21:24	00:01:09	00:54:36	02:49:01
343	517	JANE	LESLIE	Female	60-64	BAD Tri	00:27:45	00:01:51	01:19:06	00:01:30	00:58:49	02:49:03
344	111	ANDY	THOMAS	Male	30-34	Leicester Tri Club	00:38:03	00:02:22	01:19:29	00:01:49	00:47:36	02:49:22
345	305	LES	FROST	Male	45-49		00:30:52	00:01:34	01:18:36	00:01:48	00:56:53	02:49:45
346	233	PHIL	HELM	Male	40-44		00:38:03	00:03:13	01:13:13	00:01:57	00:53:24	02:49:52
347	509	CAROL	SMALLMAN	Female	50-54	PACTRAC	00:29:36	00:01:09	01:17:48	00:01:24	01:00:03	02:50:02
348	190	ADRIAN	SMITH	Male	35-39	independant	00:30:37	00:02:21	01:15:25	00:01:48	00:59:52	02:50:05
349	496	JANE	TAYLOR	Female	45-49	coventry triathletes	00:30:32	00:02:07	01:20:26	00:01:47	00:55:14	02:50:07
350	519	BARBARA	LEVERETT	Female	60-64	Cambridge Tri Club	00:32:52	00:02:50	01:17:05	00:01:10	00:57:04	02:51:03
351	435	ANNA	DUNSTER	Female	30-34		00:27:00	00:02:06	01:28:40	00:01:19	00:52:01	02:51:08
352	145	JOHN	WALSHE	Male	30-34		00:42:02	00:02:23	01:14:47	00:01:18	00:50:44	02:51:15
353	286	STEPHEN	COOLEY	Male	40-44		00:33:25	00:01:36	01:18:36	00:01:20	00:56:19	02:51:18
354	511	TRISH	MCPHERSON	Female	50-54	Charnwood Tri	00:33:30	00:01:20	01:19:25	00:01:07	00:56:01	02:51:24
355	467	CAROLINE	HATTEE	Female	35-39		00:32:21	00:01:10	01:24:30	00:01:09	00:52:27	02:51:39
356	312	MARK	BENNETT	Male	45-49		00:35:14	00:02:11	01:20:05	00:01:15	00:52:56	02:51:44
357	159	MICHAEL	AMOS	Male	35-39		00:32:29	00:01:46	01:19:20	00:01:46	00:56:26	02:51:49
358	323	JORGE	MASCARO	Male	50-54	BRAT Club	00:36:23	00:01:35	01:20:09	00:01:12	00:52:37	02:51:57
359	512	LIZ	CLEGG	Female	50-54	Tri Team Glos	00:32:28	00:01:55	01:18:24	00:01:14	00:58:04	02:52:06
360	8	CHRISTOPHER	FAIRBAIRN	Male	U20		00:29:59	00:03:15	01:18:34	00:01:08	00:59:24	02:52:22
361	52	LARRY	IRWIN	Male	25-29		00:38:00	00:02:08	01:16:35	00:01:43	00:54:18	02:52:46
362	262	ROB	LANHAM	Male	40-44		00:33:34	00:02:45	01:19:59	00:01:50	00:55:01	02:53:10
363	230	TONY	MONEY	Male	40-44	North Norfolk Triathlon Club	00:37:18	00:03:10	01:19:53	00:01:56	00:50:54	02:53:13
364	443	ELIZABETH	REID	Female	30-34		00:31:22	00:02:01	01:19:34	00:02:04	00:58:13	02:53:16
365	498	ANNE	MOFFATT	Female	45-49	Kingswood Tri	00:29:13	00:02:36	01:24:37	00:01:48	00:55:39	02:53:54
366	353	ROGER	BREWER	Male	55-59	Exeter Tri Club	00:36:03	00:01:18	01:19:59	00:00:57	00:55:49	02:54:08
367	362	GRAYHAME	FISH	Male	60-64	Tri Anglia	00:29:31	00:02:18	01:21:03	00:01:29	01:01:04	02:55:27
368	251	STEVEN	BELL	Male	40-44		00:29:49	00:02:42	01:19:22	00:01:39	01:01:55	02:55:29
369	38	RICHARD	SANDHAM	Male	25-29		00:33:10	00:01:25	01:26:21	00:01:04	00:54:07	02:56:09
370	413	LOUISE	BARTLETT	Female	25-29		00:28:35	00:01:55	01:26:10	00:01:32	00:58:03	02:56:16
371	53	GRAHAM	PIGOTT	Male	25-29		00:32:35	00:01:34	01:18:11	00:01:03	01:02:52	02:56:18
372	180	JAMES	SMITH	Male	35-39	Phoenix Tri	00:39:07	00:02:31	01:19:43	00:02:41	00:52:20	02:56:24
373	503	SALLY	SCOGGINS	Female	50-54	Deal Triathlon Club	00:30:28	00:01:24	01:26:05	00:01:14	00:57:22	02:56:36
374	307	TAC	BARTLETT	Male	45-49		00:33:46	00:02:01	01:22:30	00:01:54	00:56:35	02:56:47
375	351	DAVE	MANN	Male	55-59	Charnwood Tri	00:46:37	00:01:36	01:15:37	00:01:10	00:51:59	02:57:02
376	266	ALAN	ELLIS	Male	40-44	Lincoln Tri	00:35:52	00:01:41	01:19:18	00:01:29	00:58:49	02:57:12
377	504	JANE	HINNE	Female	50-54	Greenwich Tritons	00:32:00	00:01:27	01:23:07	00:01:34	00:59:30	02:57:40
378	327	MICHAEL	SIMS	Male	50-54		00:37:05	00:03:04	01:23:39	00:01:05	00:53:06	02:58:00
379	378	NIGEL	DIMMOCK	Male	65-69	coventry triathletes	00:38:00	00:01:31	01:19:25	00:01:35	00:57:33	02:58:06

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380	411	JILL	RAWSON	Female	25-29	NYPtri	00:31:59	00:01:18	01:18:43	00:01:18	01:05:08	02:58:29
381	367	TERRY	WINDEATT	Male	60-64	Exeter Tri Club	00:27:35	00:01:53	01:23:10	00:02:02	01:04:24	02:59:04
382	518	ANNE	FISH	Female	60-64	Tri Anglia	00:35:58	00:01:50	01:22:43	00:01:24	00:57:26	02:59:23
383	45	DANIEL	BACZKUR	Male	25-29		00:36:07	00:01:45	01:19:51	00:01:05	01:00:37	02:59:27
384	143	JAMES	CORBETT	Male	30-34		00:40:38	00:01:24	01:19:25	00:01:36	00:56:37	02:59:41
385	489	LYNDA	ROWE	Female	40-44	charnwood triathlon club	00:37:03	00:01:45	01:22:34	00:01:17	00:57:52	03:00:33
386	385	Pamela	MISSENDEN	Female	50-54	Cambridge Triathlon Club	00:34:05	00:01:38	01:19:24	00:01:18	01:04:12	03:00:39
387	475	ANITA	DONALDSON	Female	40-44	Oxford Tri	00:35:02	00:01:50	01:20:07	00:01:48	01:02:29	03:01:17
388	491	DIANE	PARPERIS	Female	45-49		00:34:16	00:02:01	01:25:00	00:01:18	00:59:13	03:01:49
389	187	CRAIG	WHEATLEY	Male	35-39		00:32:09	00:01:56	01:16:52	00:01:40	01:09:41	03:02:21
390	477	ELIZABETH	CRAGGS	Female	40-44	Square Mile Triathlon	00:39:02	00:03:18	01:22:11	00:02:57	00:55:00	03:02:30
391	452	LUCY	CASH	Female	30-34	Rugby Triathlon Club	00:40:08	00:01:21	01:21:14	00:01:51	00:57:59	03:02:35
392	439	JOANNE	MALLINSON	Female	30-34	TFN Tri Club	00:34:29	00:01:29	01:25:07	00:01:15	01:02:20	03:04:40
393	85	GAVIN	HARPUR	Male	30-34		00:35:53	00:03:51	01:28:52	00:02:15	00:54:29	03:05:22
394	155	Guillermo	GARCIA	Male	40-44		00:32:28	00:03:28	01:26:12	00:02:25	01:01:03	03:05:37
395	434	LAURA	GRIMER	Female	30-34	Spalding Tri Club	00:31:44	00:01:27	01:34:44	00:03:08	00:54:52	03:05:57
396	473	SUE	WALKER	Female	35-39		00:28:34	00:02:50	01:24:48	00:01:54	01:09:05	03:07:13
397	315	TONY	DONALDSON	Male	45-49		00:38:18	00:03:42	01:24:12	00:02:44	00:58:39	03:07:36
398	87	RICHARD	WIGHTMAN	Male	30-34		00:28:46	00:02:38	01:34:31	00:02:29	01:00:23	03:08:48
399	468	EMMA	STEPHENSON	Female	35-39	undefined	00:30:53	00:02:44	01:29:28	00:01:31	01:04:28	03:09:06
400	520	HILARY	STEVENSON	Female	65-69		00:35:27	00:02:05	01:28:35	00:01:35	01:06:14	03:13:57
401	377	DEREK	TAYLOR	Male	65-69	Jersey Triathlon Club	00:34:34	00:02:10	01:28:14	00:01:38	01:07:59	03:14:36
402	487	KAY	DAVIES	Female	40-44	Cobra	00:38:47	00:02:19	01:27:51	00:02:00	01:04:46	03:15:45
403	379	COLIN	NUNNINGTON	Male	70-74	Manx Tri Club	00:37:52	00:02:54	01:27:48	00:01:44	01:05:46	03:16:06
404	479	RACHEL	POWELL	Female	40-44	Serpentine	00:38:48	00:02:30	01:28:39	00:02:16	01:03:59	03:16:14
405	207	GARETH	COPE	Male	35-39		00:35:10	00:03:06	01:30:05	00:02:29	01:10:31	03:21:23
406	424	ABIGAIL	FISHER	Female	30-34	Met Police Tri Club	00:34:41	00:01:43	01:26:55	00:01:31	01:16:52	03:21:43
407	213	MARC	HAMMERSON	Male	35-39		00:35:31	00:03:33	01:32:22	00:02:32	01:08:04	03:22:03
408	333	MICHAEL	BENNETT	Male	50-54	coventry triathletes	00:40:36	00:02:32	01:35:27	00:02:02	01:05:28	03:26:07
409	284	SHUICHI	HAGIMOTO	Male	40-44		00:44:59	00:03:38	01:26:47	00:03:22	01:07:20	03:26:08
410	181	KAMLESH	PARMAR	Male	35-39	Serpentine	00:38:50	00:02:46	01:34:23	00:01:13	01:09:03	03:26:16
411	372	ROB	TRESIDDER	Male	60-64		00:41:33	00:03:53	01:36:13	00:03:07	01:07:12	03:32:00
412	478	TRACEY	BLEASE	Female	40-44		00:38:01	00:02:42	01:35:32	00:02:24	01:13:23	03:32:04
413	462	CLAIR	NICHOLLS	Female	35-39		00:43:44	00:03:17	01:48:04	00:01:59	00:58:24	03:35:30
414	451	RACHEL	COOPER	Female	30-34		00:45:28	00:01:54	01:38:02	00:03:00	01:07:16	03:35:42
415	376	RODERICK	PATON	Male	65-69		00:35:25	00:03:12	01:27:58	00:02:39	01:26:56	03:36:11
416	445	SARAH	LARGE	Female	30-34		00:41:54	00:02:39	01:38:13	00:01:39	01:15:06	03:39:32
417	361	JOE	LOUGHRAN	Male	55-59		00:34:35	00:04:52	01:41:48	00:03:04	01:20:38	03:44:59

Little Beaver: 2009 Results

418	208	ROB	BING	Male	35-39		00:44:43	00:03:16	01:55:00	00:02:39	01:36:46	04:22:26
	363	JOHN	PITT	Male	60-64	Wakefield	00:26:24	00:01:15				
	466	HELEN	MURPHY	Female	35-39	Tri- Preston	00:27:51	00:01:36	01:15:28	00:01:07		
	354	JOHN	SHELTON-SMITH	Male	55-59		00:33:22	01:15:42				
	370	TERRY	BROOKS	Male	60-64		00:27:24					
	107	MATTHEW	ELLIS	Male	30-34		00:23:25					
	137	ED	KIRK-WILSON	Male	30-34							
	482	JACQUI	PHILLIPS	Female	40-44		00:28:20	01:12:11				
	119	NICK	SLIM	Male	30-34		00:23:47					
	89	IAN	SHACKCLOTH	Male	30-34		00:21:41	01:11:41				
	216	DAVID	REED	Male	35-39		00:34:35					
	147	JONATHAN	HEASMAN	Male	30-34		00:24:02					