

R3 Results 10k v2

Position	Forename	Surname	Sex	Category	Club	R3 Race Number	R3 Finish Time	R3 Points
1	Stuart	Nelson	M		Rugby & Northampton AC	2390	00:33:13	490
2	Tim	Cook	M			2116	00:34:11	489
3	Zared	Hale	M			2401	00:34:59	488
4	Henry	Catchpole	M		Olney Runners	2619	00:36:08	487
5	Paul	Jennings	M	V	Northants Tri Club	2363	00:36:18	486
6	Paul	Massingham	M		Stamford Striders	2145	00:36:56	485
7	Chris	Wood	M		Silson Joggers	2208	00:37:07	484
8	Ian	Pheasey	M		Milton Keynes AC	2383	00:37:40	483
9	Tom	French	M			2605	00:39:17	482
10	Renee	Corbett	F		Bedford Harriers	2398	00:40:07	481
11	Derrick	Percy	M		Milton Keynes AC	2386	00:40:30	480
12	Stacey	Penn	F		Northants Tri Club	2361	00:40:58	479
13	Nick	Williams	M	V	Olney Runners	2613	00:41:16	478
14	Morag	Larsen	F			2238	00:41:28	477
15	Martin	Rogers	M		Northampton Road Runners	2604	00:42:12	476
16	Neil	Weatherley	M		Northants Tri Club	2612	00:42:13	475
17	Darren	Baker	M			2394	00:42:18	474
18	Paul	Peasegood	M		Rugby Triathlon Club	2260	00:42:52	473
19	Julie	Cox	F		Rugby Triathlon Club	2117	00:42:58	472
20	Rebecca	White	F		Saffron Striders	2317	00:43:01	471
21	James	Grant	M			2392	00:43:20	470
22	Richard	Staley	M			2350	00:43:31	469
23	David	Stanley	M	SV	Amphill & Flitwick Flyers	2615	00:43:33	468
24	Nigel	Jeff	M	V		2602	00:43:47	467
25	Stewart	Ravenhall	M			2298	00:43:52	466
26	Sarah	Lee	F		Bedford Harriers	2108	00:43:58	465
27	Ryan	Ward	M		NSC	2608	00:44:44	464
28	Kev	Williams	M			2356	00:44:47	463
29	Simon	Deller	M		Olney Runners	2377	00:44:50	462
30	Graeme	Bickle	M			2258	00:44:54	461
31	Craig	Devlin	M			2353	00:45:02	460
32	Brian	Keers	M	V	Silson Joggers	2272	00:45:10	459
33	Julian	Reed	M	V	CMK	2601	00:45:12	458
34	Phil	Cooke	M	V	Olney Runners	2402	00:45:14	457
35	Simon	Hicks	M	V	Olney Runners	2357	00:45:14	456
36	Heidi	Staley	F			2349	00:45:28	455
37	Jonathan	Clarke	M	V	Riverside Runners	2374	00:45:31	454
38	Jeni	Kirby	F			2376	00:45:33	453
39	Roger	Fuller	M	SV		2380	00:46:15	452
40	Simon	Parker	M			2381	00:46:18	451
41	Paul	Young	M	SV	Kettering Triathlon Club	2340	00:46:32	450
42	Sharon	Maisey	F		Vale of Aylesbury AC	2251	00:46:34	449
43	Marnie	Fedorowucz	F	V		2400	00:46:40	448
44	Keith	Hale	M	SV	Hanslope Harriers	2219	00:46:59	447
45	Peter	Allum	M	V	Banbury Harriers	2369	00:47:09	446
46	Richard	Coxshall	M	V		2382	00:47:31	445
47	Ian	Moore	M	V		2048	00:47:34	444
48	Alan	Hurst	M	V	Tritalk	2607	00:47:49	443
49	Lynne	Gethins	F		Marshall Milton Keynes	2396	00:48:23	442
50	Jen	Nightingale	F			2348	00:48:43	441
51	Jonathan	Sturges	M			2364	00:48:47	440
52	Charlotte	O'Sullivan	F			2240	00:48:49	439
53	Sarah	Yeo	F			2617	00:48:51	438
54	Caroline	Dickens	F		Olney Runners	2362	00:48:53	437
55	Gabriela	Nemcekova	F			2606	00:48:55	436
56	Joe	Horsley	M	SV	Rugby & Northampton AC	2033	00:49:10	435
57	Roger	Taylor	M	V	Silson Joggers	2388	00:49:15	434
58	Paula	Blizard	F	V	Beds & County AC	2393	00:49:20	433
59	Craig	Duff	M			2354	00:49:26	432
60	Stephen	Ruddell	M	V		2268	00:49:47	431
61	Steven	Saunders	M	SV	Ripley Running Club	2103	00:49:48	430
62	Gordon	Passee	M	V	Olney Runners	2360	00:49:54	429
63	Ian	Barrett	M	V		2399	00:49:59	428
64	Steve	Gregory	M			2614	00:50:05	427
65	Gary	Wintersgill	M			2045	00:50:12	426
66	Ellen	Smallbones	F			2019	00:50:23	425
67	Mark	Lee	M	SV	Northants Police	2387	00:50:45	424
68	Evelyn	Clawson	F	V	Kettering Town Harriers	2322	00:51:13	423
69	Jonathan	Farrow	M			2403	00:51:40	422
70	Anita	Carter	F			2603	00:51:42	421
71	Mark	Sharrock	M	V		2012	00:51:50	420
72	Alec	Fraser	M	SV	North Norfolk Beach Runners	2359	00:51:56	419

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73	John	Wilderspin	M	SV		2384	00:52:01	418
74	Lisa	Beaney	F			2102	00:52:04	417
75	Ken	Craigie	M	SV	Cherwell Runners	2275	00:52:05	416
76	Lesley	Byrne	F	V	Olney Runners	2078	00:52:08	415
77	Jo	Lee	F		Northamptonshire Police	2094	00:52:45	414
78	Oon	Maiham	M	SV	Riverside Runners	2616	00:52:48	413
79	Gaynor	Raycraft	F			2253	00:52:55	412
80	Bethan	Courtman	F	V	Olney Runners	2092	00:53:13	411
81	Ian	Froggatt	M	V		2176	00:53:38	410
82	Richard	Barber	M			2389	00:54:13	409
83	Georgina	Barber	F	?		2074	00:54:35	408
84	Julie	Bradford	F	SV	Olney Runners	2375	00:54:44	407
85	Jason	Crossland	M		Just Racing	2378	00:54:47	406
86	Kellie	Snowden	F			2379	00:55:17	405
87	Ruth	Rogerson	F			2368	00:55:21	404
88	Sheila	Wall	F	V		2358	00:56:14	403
89	Claire	Morris	F			2373	00:56:23	402
90	Laura	Parker	F	?		2372	00:56:23	401
91	Wendy	Checketts	F			2395	00:57:07	400
92	Grant	Timms	M	V		2366	00:57:27	399
93	Rob	Gee	M			2371	00:57:28	398
94	Gillian	Brightwell	F	SV		2001	00:57:35	397
95	Andrea	Snow	F			2365	00:57:58	396
96	Julie	Braithwaite	F			2058	00:58:09	395
97	Doris	Koh	F	SV	Fra BTA	2618	00:59:37	394
98	Scott	Ewing	M	V		2355	01:00:08	393
99	Karen	Parry	F			2351	01:00:09	392
100	Eileen	Spain	F	V		2611	01:00:29	391
101	Eleanor	French	F			2609	01:01:20	390
102	Valerie	Cross	F	SV	Rugby & Northampton AC	2222	01:01:36	389
103	Richard	Beesley	M	SV		2212	01:01:37	388
104	Zoe	Lindley	F			3182	01:02:35	387
105	Lisa	Wood	F	V		2610	01:03:31	386
106	Katrina	Ryan	F			2370	01:03:57	385
107	Kelly	Bickle	F			2257	01:05:40	384
108	Helen	Lidbetter	F	V		2391	01:06:25	383
109	B	Barlem	M	SV		2385	01:06:34	382
110	Tony	Willcox	M	V		2191	01:08:14	381
111	Rob	Bing	M		iPSL 'MAD'	2264	01:10:10	380